

# General, Organic, and Biochemistry

NINTH EDITION

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#### GENERAL, ORGANIC, AND BIOCHEMISTRY, NINTH EDITION

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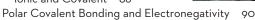
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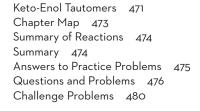
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# Preface

#### To Our Students

Just as some researchers study chemical change, others study learning. The two are related: there are measurable changes in the brain as learning occurs. While the research on brain chemistry and learning continues, the research on learning has taught us some very successful strategies for teaching and learning chemistry. For instance, we now know that building long-term memory requires "repetitions." When you exercise to build muscle strength, you perform some number of "reps" of each exercise for each muscle that you wish to build. That is exactly what you need to do to build your long-term memory and understanding. The Center for Academic Success at the Louisiana State University has devised study tools that have allowed students to improve their performance by a full letter grade, or higher. The following is the Study Cycle with five stages that provide the "reps" needed to perform well in any course:

- 1. *Preview* the chapter *before* class. Either the evening before or the day of class, skim the material; pay attention to the end-of-chapter summary with boldfaced key terms, chapter map, the learning goals, and headings. Think of questions you would like the instructor to answer. Think of this 10 minutes as your "warm up."
- Attend class! Be an active participant in the class, asking and answering questions and taking thoughtful, meaningful notes. Class time is much more meaningful if you have already familiarized yourself with the organization and key concepts to be discussed.
- Review your notes as soon as possible after class. Fill in any gaps that exist and note any additional questions that arise. This also takes about 10 minutes; think of it as your "cool down" period.
- 4. *Study.* Since repetition is the key to success, The Center for Academic Success recommends 3–5 short, but intense, study sessions each day. These intense study sessions should have a very structured organization. In the first 2–5 minutes, establish your goal for the session. Spend the next 30–50 minutes studying with focus and action. Organize the material, make flash cards to help you review, draw concept maps to define the relationship among ideas, and practice problem solving. Then reward yourself with a 5–10 minute break. Call a friend, play Angry Birds, or do anything you find enjoyable. Then take 5 minutes to review the material. Finally, about once a week, perhaps on the weekend, review all of the material that you have been studying throughout the week.
- 5. Assess your progress. Are you able to solve the questions and problems at the end of the chapter? Can you explain the concepts to others? The assessment will affirm what you know well and reveal what you need to study further.

The Center for Academic Success has many other suggestions to help students learn how to learn. You can find their online tutorials and workshops at www.cas.lsu.edu.

#### To the Instructor

The ninth edition of *General, Organic, and Biochemistry,* like our earlier editions, has been designed to help undergraduate majors in health-related fields understand key concepts and appreciate significant connections among chemistry, health, and the treatment of disease. We have tried to strike a balance between theoretical and practical chemistry, while emphasizing material that is unique to health-related studies. We have written at a level intended for students whose professional goals do not include a mastery of chemistry, but for whom an understanding of the principles and practice of chemistry is a necessity.

Although our emphasis is the importance of chemistry to the health-related professions, we wanted this book to be appropriate for all students who need a one- or two-semester introduction to chemistry. Students learn best when they are engaged. One way to foster that engagement is to help them see clear relationships between the subject and real life. For these reasons, we have included perspectives and essays that focus on medicine and the function of the human body, as well as the environment, forensic science, and even culinary arts.

We begin that engagement with the book cover. Students may wonder why the cover has a photo of the Caucasian snowdrop (*Galanthus caucasicus*). What does this flower have to do with the study of chemistry or the practice of medicine? They will learn that Russian scientists extracted the drug galantamine from this plant in the early 1950s and others found that it was useful in treating nerve pain and poliomyelitis. More recently, it has been discovered that the drug is a reversible, competitive inhibitor of the enzyme acetylcholinesterase and that it can cross the blood-brain barrier. These characteristics have made it a useful drug for the treatment of mild to moderate Alzheimer's Disease. By inhibiting the enzyme, galantamine increases the amount of acetylcholine in the brain; this, in turn, enhances brain function, memory, and the ability to think more clearly.

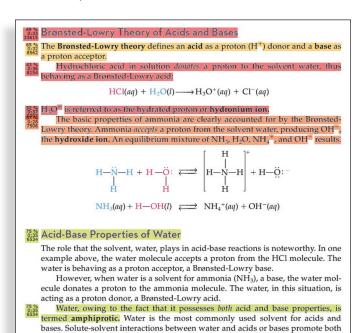
The cover sets the theme for the book: chemistry is not an abstract study, but one that has an immediate impact on our lives. We try to spark student interest with an art program that uses relevant photography, clear and focused figures, and perspectives and essays that bring life to abstract ideas. We reinforce key concepts by explaining them in a clear and concise way and encouraging students to apply the concept to solve problems. We provide guidance through the inclusion of a large number of in-chapter examples that are solved in a stepwise fashion and that provide students the opportunity to test their understanding through the practice problems that follow and the suggested end-of-chapter questions and problems that apply the same concepts.

#### Foundations for Our Revisions

In the preparation of each edition, we have been guided by the collective wisdom of reviewers who are expert chemists and excellent teachers. They represent experience in community colleges, liberal arts colleges, comprehensive institutions, and research universities. We have followed their recommendations, while remaining true to our overriding goal of writing a readable, student-centered text. This edition has also been designed to be amenable to a variety of teaching styles. Each feature incorporated into this edition has been carefully considered with regard to how it may be used to support student learning in both the traditional classroom and the flipped learning environment.

Also for this edition, we are very pleased to have been able to incorporate real student data points and input, derived from thousands of our LearnSmart users, to help guide our revision. LearnSmart Heat Maps provided a quick visual snapshot of usage of portions of the text and the relative difficulty students experienced in mastering the content. With these data, we were able to hone not only our text content but also the LearnSmart probes.

- If the data indicated that the subject covered was more difficult than other parts of the book, as evidenced by a high proportion of students responding incorrectly, we substantively revised or reorganized the content to be as clear and illustrative as possible.
- In some sections, the data showed that a smaller percentage
  of the students had difficulty learning the material. In those
  cases, we revised the *text* to provide a clearer presentation
  by rewriting the section, providing additional examples to
  strengthen student problem-solving skills, designing new
  text art or figures to assist visual learners, etc.
- In other cases, one or more of the LearnSmart probes for a section was not as clear as it might be or did not appropriately reflect the content. In these cases, the *probe*, rather than the text, was edited.



the solubility and the dissociation of acids and bases.

The previous image is an example of one of the heat maps from Chapter 8 that was particularly useful in guiding our revisions. The highlighted sections indicate the various levels of difficulty students experienced in learning the material. This evidence informed all of the revisions described in the "New in This Edition" section of this preface.

The following is a summary of the additions and refinements that we have included in this edition.

#### **New in This Edition**

- Chapters 4 and 8 were completely reorganized for better integration and discussion of acid-base and oxidationreduction reactions.
- Two new Kitchen Chemistry boxes and eight new Perspective boxes have been added to the ninth edition to help students see the connections between chemistry and their daily lives and future careers.
- Each of the following sections was either rewritten or significantly revised for enhanced clarity and student understanding: 1.1, 1.2, 1.4, and 1.5; 2.1, 2.2, and 2.3; 4.4 and 4.5–4.8 (new to the chapter and revised); 5.1; 6.4; 7.4; 8.1; 9.7; 10.1, 10.2, 10.4, and 10.5; 11.5; 12.1 and 12.3–12.5; 13.1, 13.2, and 13.4; 14.1–14.4; 15.1 and 15.3; 16.2–16.4; 17.3; 18.4–18.5 and 18.7; 19.3, 19.4, and 19.6–19.8; 20.2, 20.8, and 20.10; 21.1–21.5; 23.1, 23.4, and 23.6.

Chapter 1 We have revised or added eight new learning goals to help the student identify the key concepts in the chapter. As with the last edition, each goal is used to label relevant sections and examples. Recognizing the importance of visual learning, we have revised six figures and introduced four new photos. Each of the tables, important devices for summarizing information, has also been revised. We recognize that students learn by doing and, to that end, we have paid special attention to the worked examples, with thirteen new or revised examples included. We challenge the student with in-chapter and end-of-chapter problems, forty-one of which are new or revised. The first chapter of the textbook develops fundamental skills that will be needed throughout the book, and we have revised or rewritten four of these critical sections, 1.1, 1.2, 1.4, and 1.5. Organizing and summarizing concepts is an important aspect of learning; for this reason, we have revised both the Summary and Chapter Map.

Chapter 2 We continued our focus on helping students identify key concepts by adding or revising nine learning goals focusing on the structure of the atom and the periodic table. In addition, all ten of the examples are either new or modified with reworked solutions to enhance clarity. Three of the new examples, Determining Ion Proton and Electron Composition, Writing Shorthand Electron Configurations for Ions, and Determining Isoelectronic Ions and Atoms help students understand the octet rule and ion formation. The introduction and sections featuring isotopes and electromagnetic radiation have been rewritten. Six figures and two tables are new or revised.

Chapter 3 We have introduced three new learning goals and revised four others. Figure 3.2 has been revised in order to help clarify the concept of covalent bonding. Bonding is fundamentally important to gaining a real understanding of chemistry; for that reason, we have paid special attention to Section 3.1,

Chemical Bonding, rewriting and revising where necessary, to provide a strong foundation for subsequent topics. Students must also learn to apply the concepts of bonding, structure, and the properties of ions and molecules. For that reason, we have added 30 new or revised in-chapter or end-of-chapter problems and questions. Both the Chapter Map and Summary have been revised to reflect changes in the chapter material.

Chapter 4 Chemical changes have been further developed in this chapter in conjunction with calculations and the chemical equation. Significant emphasis has been placed on problem solving beginning with the introduction of nine new and two revised learning goals, nineteen new or revised examples and forty-six new or revised questions and problems. Section 4.4, Balancing Chemical Equations, has been revised, and Sections 4.5–4.8 are new to this chapter. These sections include precipitation reactions, net-ionic equations, acid-base reactions, and oxidation-reduction reactions. Four new pictures and five figures have been added or modified, including Figure 4.10, an illustration supporting the limiting reactant concept. The Summary and Chapter Map have been revised to be consistent with the topics and learning goals of the chapter.

Chapter 5 Four new or revised learning goals have been introduced in the ninth edition to help students focus on key concepts. A comprehensive art program is critical to teaching and learning properties of gases, liquids, and solids. We have introduced five new or revised figures and nine new or revised figure captions, as well as three new photos to illustrate the effects of temperature and pressure on the behavior of the states of matter and the conversion between solids, liquids, and gases. Section 5.1, discussing the properties of gases and the ideal gas laws, has been revised to enhance clarity. Two revised examples and thirteen new or revised questions and problems were used to enhance problem-solving skills. The medical perspective, Blood Gases and Respiration has been moved to Chapter 6, where it accompanies the discussion of Henry's law. The Summary and Chapter Map were revised to assist students in organizing concepts as well as seeing the relationships that exist between the concepts discussed in the chapter.

Chapter 6 Several learning goals have been added or revised. Eight of the chapter examples have been modified with reworked solutions in order to enhance clarity. The discussion pertaining to osmosis, osmotic pressure, and osmolarity has been amended. Twenty new or revised questions and problems have been added to correlate to the new and revised material within the chapter. The Summary and Chapter Map have been improved for better alignment with the discussions pertaining to concentration and concentration-dependent properties.

Chapter 7 As in other chapters, we have paid special attention to the learning goals and introduction, revising where appropriate, to lead the students to understand three topics: thermodynamics, kinetics, and equilibrium. These topics are a critical part of any discussion of chemical and physical change. Opportunities for visual learning have been enhanced with three new or revised figures, six new or revised figure captions, and six new photographs. Section 7.4, dealing with equilibrium, was revised to enhance clarity. Eight new or revised questions and problems have been added to provide greater

opportunity for students to learn by doing. The Summary and Chapter Map have been revised to reflect changes in the chapter material.

Chapter 8 The emphasis of this chapter has been changed to focus primarily on acids and bases. Oxidation and reduction content has been moved to Chapter 4. Ten new learning goals have been added to correlate to the new and revised content. The Introduction and Section 8.1, Acids and Bases, have been rewritten to incorporate acids and bases commonly used in organic chemistry. Topics revised include acid and base theories, the amphiprotic nature of water, conjugate acid-base pairs, acid and base strength, self-ionization of water, and K<sub>w</sub>. The revision includes new figures and images. Five new or revised examples, two new practice problems, and thirtysix new or revised questions and problems provide students with an opportunity to practice solving problems correlating to the learning goals emphasized. The Summary and Chapter Map have been revised in alignment with the changes to the chapter content.

Chapter 9 Two new learning goals have been added to help students identify essential concepts. The topic of nuclear chemistry can be difficult for students to conceptualize. To help overcome this problem, we have introduced three new or revised figures, twelve new or revised figure captions, and eleven new photos. Section 9.7 has been updated, including additional radiation measurement units. Thirteen new or revised questions and problems have been added, as well as four revised examples, reflecting an increased emphasis on improving the student's problem-solving skills. Both the Summary and Chapter Map have been revised to help students understand the basic concepts and their interrelationships.

Chapter 10 A new perspective, Kitchen Chemistry: Alkanes in our Food, including two For Further Understanding questions, has been added to the revised Chapter 10. Six new margin notes, many with associated art, have been added to help students understand line formulas, alkyl groups, the classification of carbon atoms, identification and numbering of parent carbon chains in nomenclature, and placement of substituents above and below a cycloalkane ring. A new figure has been added to facilitate student comprehension of the variety of bonding patterns in organic molecules. Several topics have been rewritten to provide students with a deeper understanding of the content. These include the discussion of families of organic compounds, functional groups, physical properties of hydrocarbons, classification of carbon atoms and alkyl groups, nomenclature, free rotation around a bond, and halogenation. Six new problems have been added to accompany the revised content.

Chapter 11 A new perspective, Kitchen Chemistry: Pumpkin Pie Spice: An Autumn Tradition, including two For Further Understanding questions, has been added to the revised Chapter 11. A new Example, Writing Equations for the Hydrogenation of a Cycloalkane, has been added, along with a set of practice problems and a set of recommended practice problems to help students master the concept. Two new problems have been added to accompany the revisions in the text. The revisions, along with new margin notes and text art, are intended to enhance student

learning and understanding. Topics revised include physical characteristics, nomenclature, geometric isomers, and parts of the section on the reactions of alkenes and alkynes. A new table, and accompanying text, on saturated and unsaturated fatty acids has been added to help students recognize the practical applications of the chemistry being studied.

Chapter 12 A new Example, *Using the Common System of Nomenclature to Name Alcohols*, has been added, along with a set of practice problems and a set of recommended practice problems to help students master the concept. The *Medical Perspective: Fetal Alcohol Syndrome*, has been updated to reflect the more recently described Fetal Alcohol Spectrum Disorder. New text art has been designed to help students understand the physical properties of alcohols and the nature of intramolecular hydrogen bonding. Revision of the discussion of intramolecular hydrogen bonding, along with the new text art, provides students with a clear idea of the importance of hydrogen bonding in biological systems. The information on general anesthetics has been updated, and sections on physical properties, dehydration reactions, and oxidation of alcohols have been revised for greater clarity.

Chapter 13 A new *Human Perspective: Powerful Weak Attractions*, including two For Further Understanding questions, has been added to the revised Chapter 13. New text art has been added to the discussion of the common names of ketones and to clarify oxidation products of aldehydes under acidic or basic conditions. Other new text art clarifies the structure of hemiacetals and acetals. Three examples have been modified to include a structure of practical interest or to clarify the principle being applied. Revisions to the text included a reorganization of the discussion of structure and physical properties and additional details to clarify the IUPAC nomenclature of ketones.

Chapter 14 A new *Medical Perspective: Esters for Appetite Control*, including two For Further Understanding questions, has been added. Five new text art diagrams have been added to support the revisions of the text with regard to the structure and physical properties of carboxylic acids and esters, as well as the action of soaps and the significance of phosphoester compounds in nature. Other revisions in the text include the preparation of carboxylic acids, the properties and nomenclature of carboxylic acid salts, and the structure, physical properties, and nomenclature of esters. Unnecessary content regarding acid anhydrides has been deleted.

Chapter 15 New text art, with the associated text revisions, has been designed to assist student understanding of the physical properties and nomenclature of amines, the nomenclature of alkylammonium salts, neutralization reactions, and preparation of amides from acid chlorides. Along with revision of the nature of neutralization reactions, hydrolysis of amides, and nomenclature of amides, the synthesis and structure of primary, secondary, and tertiary amides is introduced in this edition. To complement these changes, the chapter map has been revised and three new key terms have been introduced. Four new problems have been added to allow students to test their understanding of the new materials.

**Chapter 16** A new *Medical Perspective: Human Milk Oligosac-charides*, including two For Further Understanding questions,

has been added. A new Example, *Identifying a Chiral Compound*, has been added, along with a set of practice problems and a set of recommended practice problems to allow students to test their mastery of the concept. A new figure (16.13) shows the action of the enzymes  $\alpha$ -amylase,  $\beta$ -amylase, and maltase. The section on meso compounds has been revised completely and two new problems have been included.

Chapter 17 Section 17.2 has been reorganized so that  $\omega$ -fatty acids are discussed prior to the section on prostaglandins. The reactions of fatty acids and glycerides has also been reorganized and revised for greater clarity. All text art in the section on sphingolipids has been redesigned as line formulas to enhance student understanding of the structures.

**Chapter 18** Two new perspectives have been added to Chapter 18: *A Medical Perspective: Medications from Venoms* and *A Human Perspective: The New Protein.* Sections 18.4, 18.5, and 18.7 have been revised to streamline the text and clarify concepts.

Chapter 19 A Medical Perspective: HIV Protease Inhibitors and Pharmaceutical Drug Design has been updated to reflect the variety of new drugs available to treat the infection in adults and children. The discussion of transferases has been rewritten and new text art designed to provide students with an example that they will study later in the chapters on metabolism. Text revisions include Section 19.3 and passages in Sections 19.4, 19.6, 19.7, and 19.8. In all cases, the revisions streamline and simplify concepts to promote more effective student learning.

Chapter 20 A new *Medical Perspective: Epigenomics*, including two For Further Understanding questions, has been added. The more recently described non-invasive prenatal testing procedure has been included in *A Medical Perspective: Molecular Genetics and Detection of Human Genetic Disorders*. The sections on the chemical composition of DNA and RNA and on chromatin structure have been revised for clarity. Section 20.8, Recombinant DNA, has been rewritten to reduce some of the historical methodologies so that students will focus on the potential of more recent advances.

Chapter 21 A Medical Perspective: High Fructose Corn Syrup has been updated with information on the recent studies demonstrating the impact of glucose and fructose on the hypothalamus of humans. In each of Sections 21.1–21.6, the text has been revised to simplify concepts. Section 21.7 has been reorganized for greater clarity.

**Chapter 22** A new *Medical Perspective, Babies with Three Parents,* including two For Further Understanding questions, has been added. Throughout the chapter, the text has been revised to streamline the writing and clarify the concepts.

**Chapter 23** Section 23.5 has been revised extensively to avoid redundancy with information presented in earlier chapters. Six new problems have been added to this chapter.

#### **Applications**

Each chapter contains applications that present short stories about real-world situations involving one or more topics students will encounter within the chapter. There are over 100 applications throughout the text, so students are sure to find many topics that spark their interest. Global climate change,

DNA fingerprinting, the benefits of garlic, and gemstones are just a few examples of application topics.

- **Medical Perspectives** relate chemistry to a health concern or a diagnostic application.
- Green Chemistry explores environmental topics, including the impact of chemistry on the ecosystem and how these environmental changes affect human health.
- Human Perspectives delve into chemistry and society and include such topics as gender issues in science and historical viewpoints.
- Chemistry at the Crime Scene focuses on forensic chemistry, applying the principles of chemistry to help solve crimes.
- **Kitchen Chemistry** discusses the chemistry associated with everyday foods and cooking methods.

#### **Learning Tools**

In designing the original learning system we asked ourselves: "If we were students, what would help us organize and understand the material covered in this chapter?" Based on the feedback of reviewers and users of our text, we include a variety of learning tools:

- Chapter Overview pages begin each chapter, listing learning goals and the chapter outline. Both students and professor can see, all in one place, the plan for the chapter.
- Learning Goal Icons mark the sections and examples in the chapter that focus on each learning goal.
- Chapter Cross-References help students locate pertinent background material. These references to previous chapters, sections, and perspectives are noted in the margins of the text. Marginal cross references also alert students to upcoming topics related to the information currently being studied.
- End-of-Chapter Questions and Problems are arranged according to the headings in the chapter outline, with further subdivision into Foundations (basic concepts) and Applications.
- Chapter Maps are included just before the End-of-Chapter Summaries to provide students with an overview of the chapter—showing connections among topics, how concepts are related, and outlining the chapter hierarchy.
- Chapter Summaries are now a bulleted list format of chapter concepts by major sections, with the integrated bold-faced Key Terms appearing in context. This more succinct format helps students to quickly identify and review important chapter concepts and to make connections with the incorporated Key Terms. Each Key Term is defined and listed alphabetically in the Glossary at the end of the book
- Answers to Practice Problems are supplied at the end of each chapter so that students can quickly check their understanding of important problem-solving skills and chapter concepts.
- Summary of Reactions in the organic chemistry chapters highlight each major reaction type on a tan background. Major chemical reactions are summarized by equations at the end of the chapter, facilitating review.

#### **Problem Solving and Critical Thinking**

Perhaps the best preparation for a successful and productive career is the development of problem-solving and critical thinking skills. To this end, we created a variety of problems that require recall, fundamental calculations, and complex reasoning. In this edition, we have used suggestions from our reviewers, as well as from our own experience, to enhance our 2300 problems. This edition includes new problems and hundreds of example problems with step-by-step solutions.

- In-Chapter Examples, Solutions, and Practice Problems: Each chapter includes examples that show the student, step-by-step, how to properly reach the correct solution to model problems. Each example contains a practice problem, as well as a referral to further practice questions. These questions allow students to test their mastery of information and to build self-confidence. The answers to the practice problems can be found at the end of each chapter so students can check their understanding.
- Color-Coding System for In-Chapter Examples: In this edition, we also introduced a color-coding and label system to help alleviate the confusion that students frequently have when trying to keep track of unit conversions. Introduced in Chapter 1, this color coding system has been used throughout the problem-solving chapters.

$$3.01 \text{ mot S} \times \frac{32.06 \text{ g S}}{1 \text{ mot S}} = 96.5 \text{ g S}$$

Data Given × Conversion Factor = Desired Result

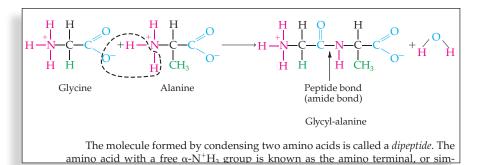
- In-Chapter and End-of-Chapter Questions and Problems: We have created a wide variety of paired concept problems. The answers to the odd-numbered questions are found in the back of the book as reinforcement for students as they develop problem-solving skills. However, students must then be able to apply the same principles to the related even-numbered problems.
- Challenge Problems: Each chapter includes a set of challenge problems. These problems are intended to engage students to integrate concepts to solve more complex problems. They make a perfect complement to the classroom lecture because they provide an opportunity for in-class discussion of complex problems dealing with daily life and the health care sciences.

Over the course of the last nine editions, hundreds of reviewers have shared their knowledge and wisdom with us, as well as the reactions of their students to elements of this book. Their contributions, as well as our own continuing experience in the area of teaching and learning science, have resulted in a text that we are confident will provide a strong foundation in chemistry, while enhancing the learning experience of students.

#### The Art Program

Today's students are much more visually oriented than previous generations. We have built upon this observation through the use of color, figures, and three-dimensional computer-generated models. This art program enhances the readability of the text and provides alternative pathways to learning.

- Dynamic Illustrations: Each chapter is amply illustrated using figures, tables, and chemical formulas. All of these illustrations are carefully annotated for clarity. To help students better understand difficult concepts, there are approximately 350 illustrations and 250 photos in the ninth edition.
- Color-Coding Scheme: We have colorcoded equations so that chemical groups being added or removed in a reaction can be quickly recognized.
  - 1. **Red print** is used in chemical equations or formulas to draw the reader's eye to key elements or properties in a reaction or structure.
  - 2. **Blue print** is used when additional features must be highlighted.
  - Green background screens denote generalized chemical and mathematical equations. In the organic chemistry chapters, the Summary of Reactions at the end of the chapter is also highlighted for ease of recognition.
  - 4. Yellow backgrounds illustrate energy, stored either in electrons or groups of atoms, in the general and biochemistry sections of the text. In the organic chemistry section of the text, yellow background screens also reveal the parent chain of an organic compound.
  - 5. There are situations in which it is necessary to adopt a unique color convention tailored to the material in a particular chapter. For example, in Chapter 18, the structures of amino acids require three colors to draw attention to key features of these molecules.
    - For consistency, blue is used to denote the acid portion of an amino acid and red is used to denote the basic portion of an amino acid. Green print is used to denote the R groups, and a yellow background screen directs the eye to the  $\alpha$ -carbon.
- Computer-Generated Models: The ability of students to understand the geometry and three-dimensional structure of molecules is essential to the understanding of organic and biochemical reactions. Computer-generated models are used throughout the text because they are both accurate and easily visualized.



Because amines are bases, they react with acids to form alkylammonium salts.

$$\begin{array}{ccc} H & & H \\ R-N \colon + HCl & \longrightarrow & R-N^+-HCl^- \\ H & & H \end{array}$$
 Amine Acid Alkylammonium salt

The reaction of methylamine with hydrochloric acid shown is typical of these reactions.



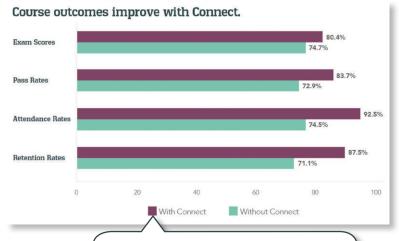
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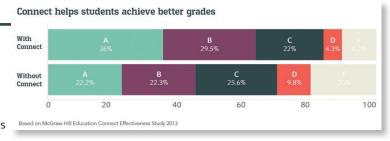
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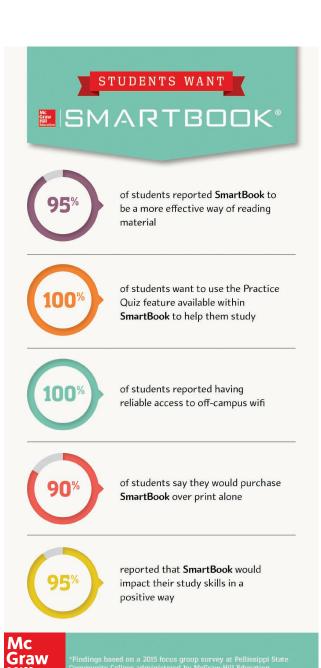
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- Laboratory Manual for General, Organic, and Biological Chemistry: Authored by Applegate, Neely, and Sakuta to be the most current lab manual available for the GOB course, incorporating the most modern instrumentation and techniques. Illustrations and chemical structures were developed by the authors to conform to the most recent IUPAC conventions. A problem-solving methodology is also utilized throughout the laboratory exercises. There are two online virtual labs for Nuclear Chemistry and Gas Laws. This Laboratory Manual is also designed with flexibility in mind to meet the differing lengths of GOB courses and the variety of instrumentation available in GOB labs. Helpful instructor materials are also available on this companion website, including answers, solution recipes, best practices with common student issues and TA advice, sample syllabi, and a calculation sheet for the Density lab.
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#### For the Student

- Student Study Guide/Solutions Manual: A separate Student Study Guide/Solutions Manual, prepared by Danaè Quirk Dorr, is available. It contains the answers and complete solutions for the odd-numbered problems. It also offers students a variety of exercises and keys for testing their comprehension of basic, as well as difficult, concepts.
- Schaum's Outline of General, Organic, and Biological Chemistry: Written by George Odian and Ira Blei, this supplement provides students with more than 1 400 solved problems with complete solutions. It also teaches effective problem-solving techniques.

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#### METHODS AND MEASUREMENT

# Chemistry

#### LEARNING GOALS

- 1 Explain the relationship between chemistry, matter, and energy.
- 2 Discuss the approach to science, the scientific method, and distinguish among the terms hypothesis, theory, and scientific law.
- 3 Distinguish between data and results.
- **4** Describe the properties of the solid, liquid, and gaseous states.
- **5** Classify matter according to its composition.
- **6** Provide specific examples of physical and chemical properties and physical and chemical changes.
- 7 Distinguish between intensive and extensive properties.
- **8** Identify the major units of measure in the English and metric systems.
- 9 Report data and calculate results using scientific notation and the proper number of significant figures.
- 10 Distinguish between αccurαcy and precision and their representations: error and deviation.
- 11 Convert between units of the English and metric systems.
- 12 Know the three common temperature scales, and convert values from one scale to another.
- 13 Use density, mass, and volume in problem solving, and calculate the specific gravity of a substance from its density.



Chemistry is the study of anything that has mass and occupies space.

#### OUTLINE

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#### INTRODUCTION

Louis Pasteur, a chemist and microbiologist, said, "Chance favors the prepared mind." In the history of science and medicine, there are many examples in which individuals made important discoveries because they recognized the value of an unexpected observation.

One such example is the use of ultraviolet (UV) light to treat infant jaundice. Infant jaundice is a condition in which the skin and the whites of the eyes appear yellow because of high levels of the bile pigment bilirubin in the blood. Bilirubin is a breakdown product of the oxygen-carrying blood protein hemoglobin. If bilirubin accumulates in the body, it can cause brain damage and death. The immature liver of the baby cannot remove the bilirubin.

In 1956, an observant nurse in England noticed that when jaundiced babies were exposed to sunlight, the jaundice faded. Research based on her observation showed that the UV light changes the bilirubin into another substance, which can be excreted. To this day, jaundiced newborns undergoing phototherapy are treated with UV light. Historically, newborns were diagnosed with jaundice based only on their physical appearance. However, it has been determined that this method is not always accurate. Now, it is common to use either an instrument or a blood sample to measure the amount of bilirubin present in the serum.

In this first chapter of your study of chemistry, you will learn about the scientific method: the process of developing hypotheses to explain observations and the design of experiments to test those hypotheses.

You will also see that measurement of properties of matter, and careful observation and recording of data, are essential to scientific inquiry. So too is assessment of the precision and accuracy of measurements. Measurements (data) must be reported to allow others to determine their significance. Therefore, an understanding of significant figures, and the ability to represent data in the most meaningful units, enables other scientists to interpret data and results.

The goal of this chapter is to help you develop the skills needed to represent and communicate data and results from scientific inquiry.

#### 1.1

#### The Discovery Process

#### Chemistry

**Chemistry** is the study of matter, its chemical and physical properties, the chemical and physical changes it undergoes, and the energy changes that accompany those processes.

Matter is anything that has mass and occupies space. The air we breathe, our bodies, our planet earth, our universe; all are made up of an immense variety and quantity of particles, collectively termed matter. Matter undergoes change. Sometimes this change occurs naturally or we change matter when we make new substances (creating drugs in a pharmaceutical laboratory). All of these changes involve energy, the ability to do work to accomplish some change. Hence, we may describe chemistry as a study of matter and energy and their interrelationship.

Chemistry is an experimental science. A traditional image of a chemist is someone wearing a white coat and safety goggles while working in solitude in a laboratory. Although much chemistry is still accomplished in a traditional laboratory setting, over the last 40 years the boundaries of the laboratory have expanded to include the power of modern technology. For example, searching the scientific literature for information no longer involves a trip to the library as it is now done very quickly via the Internet. Computers are also invaluable in the laboratory because they control sophisticated instrumentation that measures, collects, processes, and interprets information. The behavior of matter can also be modeled using sophisticated computer programs.

#### LEARNING GOAL

Explain the relationship between chemistry, matter, and energy.

Models In Chemistry, p. 4

Additionally, chemistry is a collaborative process. The solitary scientist, working in isolation, is a relic of the past. Complex problems dealing with topics such as the environment, disease, forensics, and DNA require input from other scientists and mathematicians who can bring a wide variety of expertise to problems that are chemical in nature.

The boundaries between the traditional sciences of chemistry, physics, and biology, as well as mathematics and computer science, have gradually faded. Medical practitioners, physicians, nurses, and medical technologists use therapies that contain elements of all these disciplines. The rapid expansion of the pharmaceutical industry is based on recognition of the relationship between the function of an organism and its basic chemical makeup. Function is a consequence of changes that chemical substances undergo.

For these reasons, an understanding of basic chemical principles is essential for anyone considering a medically related career; indeed, a worker in any science-related field will benefit from an understanding of the principles and applications of chemistry.

# oplications of chemistry.

The Scientific Method

The **scientific method** is a systematic approach to the discovery of new information. How do we learn about the properties of matter, the way it behaves in nature, and how it can be modified to make useful products? Chemists do this by using the scientific method to study the way in which matter changes under carefully controlled conditions.

The scientific method is not a "cookbook recipe" that, if followed faithfully, will yield new discoveries; rather, it is an organized approach to solving scientific problems. Every scientist brings his or her own curiosity, creativity, and imagination to scientific study. Yet, scientific inquiry does involve some of the "cookbook recipe" approach.

Characteristics of the scientific process include the following:

- *Observation*. The description of, for example, the color, taste, or odor of a substance is a result of observation. The measurement of the temperature of a liquid or the size or mass of a solid results from observation.
- Formulation of a question. Humankind's fundamental curiosity motivates questions of why and how things work.
- *Pattern recognition*. When a cause-and-effect relationship is found, it may be the basis of a generalized explanation of substances and their behavior.
- Theory development. When scientists observe a phenomenon, they want to explain it. The process of explaining observed behavior begins with a hypothesis. A **hypothesis** is simply an attempt to explain an observation, or series of observations. If many experiments support a hypothesis, it may attain the status of a theory. A **theory** is a hypothesis supported by extensive testing (experimentation) that explains scientific observations and data and can accurately predict new observations and data.
- Experimentation. Demonstrating the correctness of hypotheses and theories is at the heart of the scientific method. This is done by carrying out carefully designed experiments that will either support or disprove the hypothesis or theory. A scientific experiment produces **data**. Each piece of data is the individual result of a single measurement or observation.

A **result** is the outcome of an experiment. Data and results may be identical, but more often, several related pieces of data are combined, and logic is used to produce a result.

Information summarization. A scientific law is nothing more than the summary of a large quantity of information. For example, the law of conservation of matter states that matter cannot be created or destroyed, only converted from one form to another. This statement represents a massive body of chemical information gathered from experiments.



Investigating the causes of the rapid melting of glaciers is a global application of chemistry. How does this illustrate the interaction of matter and energy?

#### LEARNING GOAL

2 Discuss the approach to science, the scientific method, and distinguish among the terms hypothesis, theory, and scientific law.

#### LEARNING GOAL

3 Distinguish between data and results.

#### LEARNING GOAL

3 Distinguish between data and results.

# Observation of a Phenomenon Question Why or How Propose a Hypothesis (a potential answer) Conduct Experiments Analyze Data and Results Formulate Theory New Hypothesis Complete Additional Experimentation Summarize Information as Law

Figure 1.1 The scientific method is an organized way of doing science that incorporates a degree of trial and error. If the data analysis and results do not support the initial hypothesis, the cycle must begin again.

#### **EXAMPLE 1.1**

#### Distinguishing Between Data and Results

In many cases, a drug is less stable in the presence of moisture, and excess moisture can hasten the breakdown of the active ingredient, leading to loss of potency. Bupropion (Wellbutrin) is an antidepressant that is moisture sensitive. Describe an experiment that will allow for the determination of the quantity of water gained by a certain quantity of bupropion when it is exposed to air.

#### Solution

To do this experiment, we must first weigh the buproprion sample, and then expose it to the air for a period of time and reweigh it. The change in weight,

$$[weight_{final} - weight_{initial}] = weight difference$$

indicates the weight of water taken up by the drug formulation. The initial and final weights are individual bits of *data*; by themselves they do not answer the question, but they do provide the information necessary to calculate the answer: the results. The difference in weight and the conclusions based on the observed change in weight are the *results* of the experiment.

*Note:* This is actually not a very good experiment because many conditions were not measured. Measurement of the temperature, humidity of the atmosphere, and the length of time that the drug was exposed to the air would make the results less ambiguous.

#### Practice Problem 1.1

Describe an experiment that demonstrates that the boiling point of water changes when salt (sodium chloride) is added to the water.

▶ For Further Practice: Questions 1.35 and 1.36.

The scientific method involves the interactive use of hypotheses, development of theories, and thorough testing of theories using well-designed experiments. It is summarized in Figure 1.1.

#### Models in Chemistry

Hypotheses, theories, and laws are frequently expressed using mathematical equations. These equations may confuse all but the best of mathematicians. For this reason, a *model* of a chemical unit or system is often used to help illustrate an idea. A good model based on everyday experience, although imperfect, gives a great deal of information in a simple fashion.

Consider the fundamental unit of methane, the major component of natural gas, which is composed of one carbon (symbolized by C) atom and four hydrogen (symbolized by H) atoms.

A geometrically correct model of methane can be constructed from balls and sticks. The balls represent the individual atoms of hydrogen and carbon, and the sticks correspond to the attractive forces that hold the hydrogen and carbon together. The model consists of four balls representing hydrogen symmetrically arranged around a center ball representing carbon.

# A Human Perspective



#### The Scientific Method

The discovery of penicillin by Alexander Fleming is an example of the scientific method at work. Fleming was studying the growth of bacteria. One day, his experiment was ruined because colonies of mold were growing on his plates. From this failed experiment, Fleming made an observation that would change the practice of medicine: Bacterial colonies could not grow in the area around the mold colonies. Fleming hypothesized that the mold was making a chemical compound that inhibited the growth of the bacteria. He performed a series of experiments designed to test this hypothesis.

The success of the scientific method is critically dependent upon carefully designed experiments that will either support or disprove the hypothesis. This is exactly what Fleming did.

In one experiment, he used two sets of tubes containing sterile nutrient broth. To one set he added mold cells. The second set (the control tubes) remained sterile. The mold was allowed to grow for several days. Then the broth from each of the tubes (experimental and control) was passed through a filter to remove any mold cells. Next, bacteria were placed in each tube. If Fleming's hypothesis was correct, the tubes in which the mold had grown would contain the chemical that inhibits growth, and the bacteria would not grow. On the other hand, the control tubes (which were never used to grow mold) would allow bacterial growth. This is exactly what Fleming observed.

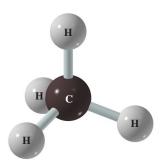
Within a few years this *antibiotic*, penicillin, was being used to treat bacterial infections in patients.



A nurse administers an injection of penicillin to a young patient.

#### For Further Understanding

- ► What is the purpose of the control tubes used in this experiment?
- Match the features of this article with the flowchart items in Figure 1.1.

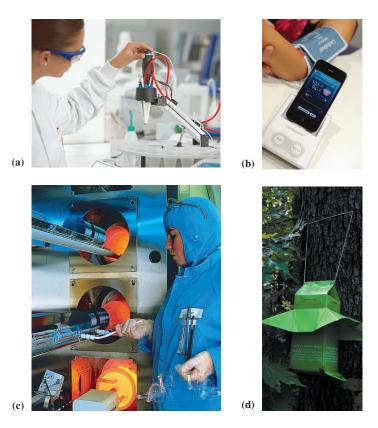


Color-coding the balls distinguishes one type of atom from another; the geometrical form of the model, all of the angles and dimensions of a tetrahedron, are the same for each methane unit found in nature. Methane is certainly not a collection of balls and sticks, but such models are valuable because they help us understand the chemical behavior of methane and other more complex substances.

The structure-properties concept has advanced so far that compounds are designed and synthesized in the laboratory with the hope that they will perform very specific functions, such as curing diseases that have been resistant to other forms of treatment. Figure 1.2 shows some of the variety of modern technology that has its roots in scientific inquiry.

Chemists and physicists have used the observed properties of matter to develop models of the individual units of matter. These models collectively make up what we now know as the atomic theory of matter, which is discussed in detail in Chapter 2.

Figure 1.2 Examples of technology originating from scientific inquiry: (a) synthesis of a new drug, (b) blood pressure app for a smartphone, (c) preparation of solidstate electronics, and (d) use of a gypsy moth sex attractant for insect control.



#### 1.2 The Classification of Matter

Matter is a large and seemingly unmanageable concept because it includes everything that has mass and occupies space. Chemistry becomes manageable as we classify matter according to its **properties**—that is, the characteristics of the matter. Matter will be classified in two ways in this section, by *state* and by *composition*.

#### States of Matter

There are three *states of matter:* the **gaseous state**, the **liquid state**, and the **solid state**. A gas is made up of particles that are widely separated. In fact, a gas will expand to fill any container; it has no definite shape or volume. In contrast, particles of a liquid are closer together; a liquid has a definite volume but no definite shape; it takes on the shape of its container. A solid consists of particles that are close together and often have a regular and predictable pattern of particle arrangement (crystalline). The particles in a solid are much more organized than the particles in a liquid or a gas. As a result, a solid has both fixed volume and fixed shape. Attractive forces, which exist between all particles, are very pronounced in solids and much less so in gases.

#### Composition of Matter

We have seen that matter can be classified by its state as a solid, liquid, or gas. Another way to classify matter is by its composition. This very useful system, described in the following paragraphs and summarized in Figure 1.3, will be utilized throughout the textbook.

All matter is either a *pure substance* or a *mixture*. A **pure substance** has only one component. Pure water is a pure substance. It is made up only of particles containing two hydrogen (symbolized by H) atoms and one oxygen (symbolized by O) atom—that is, water molecules (H<sub>2</sub>O).

We will examine each of the three states of matter in detail in Chapter 5.

#### LEARNING GOAL

4 Describe the properties of the solid, liquid, and gaseous states.

#### LEARNING GOAL

5 Classify matter according to its composition.

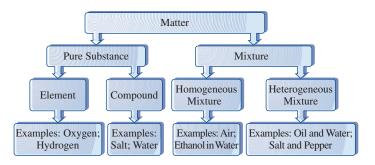


Figure 1.3 Classification of matter by composition. All matter is either a pure substance or a mixture of pure substances. Pure substances are either elements or compounds, and mixtures may be either homogeneous (uniform composition) or heterogeneous (nonuniform composition).

There are different types of pure substances. Elements and compounds are both pure substances. An **element** is a pure substance that generally cannot be changed into a simpler form of matter. Hydrogen and oxygen, for example, are elements. Alternatively, a **compound** is a substance resulting from the combination of two or more elements in a definite, reproducible way. The elements hydrogen and oxygen, as noted earlier, may combine to form the compound water,  $H_2O$ .

At present, more than 100 elements have been characterized. A complete listing of the elements and their symbols is found on the inside front cover of this textbook.

A mixture is a combination of two or more pure substances in which each substance retains its own identity. Ethanol, the alcohol found in beer, and water can be combined in a mixture. They coexist as pure substances because they do not undergo a chemical reaction. A mixture has variable composition; there are an infinite number of combinations of quantities of ethanol and water that can be mixed. For example, the mixture may contain a small amount of ethanol and a large amount of water or vice versa. Each is, however, an ethanol-water mixture.

re 1.4). A A detailed discussion of solutions (homogeneous mixtures) and their properties is presented in Chapter 6. as solution. of salt and composed

A mixture may be either *homogeneous* or *heterogeneous* (Figure 1.4). A **homogeneous mixture** has uniform composition. Its particles are well mixed, or thoroughly intermingled. A homogeneous mixture, such as alcohol and water, is described as a *solution*. Air, a mixture of gases, is an example of a gaseous solution. A **heterogeneous mixture** has a nonuniform composition. A mixture of salt and pepper is a good example of a heterogeneous mixture. Concrete is also composed of a heterogeneous mixture of materials (various types and sizes of stone and sand with cement in a nonuniform mixture).

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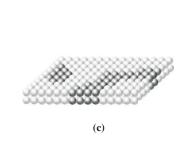


Figure 1.4 Schematic representations of some classes of matter. (a) A pure substance, water, consists of a single component. (b) A homogeneous mixture, blue dye in water, has a uniform distribution of components. The blue spheres represent the blue dye molecules. (c) The mineral orbicular jasper is an example of a heterogeneous mixture. The lack of homogeneity is apparent from its nonuniform distribution of components.

#### **EXAMPLE 1.2**

#### Classifying Matter by Composition

#### LEARNING GOAL

Is seawater a pure substance, a homogeneous mixture, or a heterogeneous mixture?

**5** Classify matter according to its composition.

#### Solution

Imagine yourself at the beach, filling a container with a sample of water from the ocean. Examine it. You would see a variety of solid particles suspended in the water: sand, green vegetation, perhaps even a small fish! Clearly, it is a mixture, and one in which the particles are not uniformly distributed throughout the water; hence, it is a heterogeneous mixture.

#### Practice Problem 1.2

Is each of the following materials a pure substance, a homogeneous mixture, or a heterogeneous mixture?

- a. ethanol c. an Alka-Seltzer tablet fizzing in water
- b. blood d. oxygen being delivered from a hospital oxygen tank
- ▶ For Further Practice: Questions 1.57 and 1.58.

**Question 1.1** Intravenous therapy may be used to introduce a saline solution into a patient's vein. Is this solution a pure substance, a homogeneous mixture, or a heterogeneous mixture?

**Question 1.2** Cloudy urine can be a symptom of a bladder infection. Classify this urine as a pure substance, a homogeneous mixture, or a heterogeneous mixture.

#### LEARNING GOAL

6 Provide specific examples of physical and chemical properties and physical and chemical changes.

#### Physical Properties and Physical Change

Water is the most common example of a substance that can exist in all three states over a reasonable temperature range (Figure 1.5). Conversion of water from one state to another constitutes a *physical change*. A **physical change** produces a recognizable difference in the appearance of a substance without causing any change in its composition or identity. For example, we can warm an ice cube and it will melt, forming liquid water. Clearly its appearance has changed; it has been transformed from

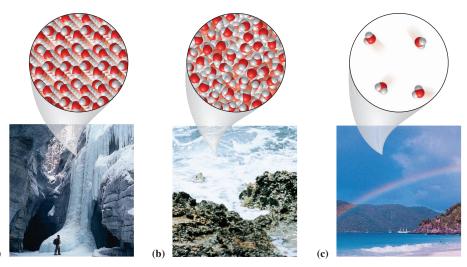


Figure 1.5 The three states of matter exhibited by water: (a) solid, as ice; (b) liquid, as ocean water; (c) gas, as humidity in the air.

the solid to the liquid state. It is, however, still water; its composition and identity remain unchanged. A physical change has occurred. We could in fact demonstrate the constancy of composition and identity by refreezing the liquid water, re-forming the ice cube. This melting and freezing cycle could be repeated over and over. This very process is a hallmark of our global weather changes. The continual interconversion of the three states of water in the environment (snow, rain, and humidity) clearly demonstrates the retention of the identity of water particles or *molecules*.

A **physical property** can be observed or measured without changing the composition or identity of a substance. As we have seen, melting ice is a physical change. We can measure the temperature when melting occurs; this is the *melting point* of water. We can also measure the *boiling point* of water, when liquid water becomes a gas. Both the melting and boiling points of water, and of any other substance, are physical properties.

A practical application of separation of materials based upon their differences in physical properties is shown in Figure 1.6.

#### Chemical Properties and Chemical Change

We have noted that physical properties can be exhibited, measured, or observed without any change in identity or composition. In contrast, **chemical properties** do result in a change in composition and can be observed only through chemical reactions. In a **chemical reaction**, a chemical substance is converted to one or more different substances by rearranging, removing, replacing, or adding atoms. For example, the process of photosynthesis can be shown as

This chemical reaction involves the conversion of carbon dioxide and water (the *reactants*) to a sugar and oxygen (the *products*). The physical properties of the reactants and products are clearly different. We know that carbon dioxide and oxygen are gases at room temperature, and water is a liquid at this temperature; the sugar is a solid white powder. A chemical property of carbon dioxide is its ability to form sugar under certain conditions. The process of formation of this sugar is the *chemical change*. The term *chemical reaction* is synonymous with **chemical change**.





Figure 1.6 An example of separation based on differences in physical properties. Magnetic iron is separated from nonmagnetic substances. A large-scale version of this process is important in the recycling industry.

Light is the energy needed to make the reaction happen. Chlorophyll is the energy absorber, converting light energy to chemical energy.

#### **EXAMPLE 1.3**

#### **Classifying Change**

Can the process that takes place when an egg is fried be described as a physical or chemical change?

#### LEARNING GOAL

6 Provide specific examples of physical and chemical properties and physical and chemical changes.

#### Solution

Examine the characteristics of the egg before and after frying. Clearly, some significant change has occurred. Furthermore, the change appears irreversible. More than a simple physical change has taken place. A chemical reaction (actually, several) must be responsible; hence, there is a chemical change.

#### Practice Problem 1.3

Classify each of the following as either a chemical change or a physical change:

- a. water boiling to become steam
- d. melting of ice in spring
- b. butter becoming rancid
- e. decaying of leaves in winter

- c. burning wood
- ► For Further Practice: Questions 1.51 and 1.52.

**Question 1.3** Classify each of the following as either a chemical property or a physical property:

a. color

b. flammability

c. hardness

**Question 1.4** Classify each of the following as either a chemical property or a physical property:

a. odor

b. taste

c. temperature

#### LEARNING GOAL

**7** Distinguish between intensive and extensive properties.

The mass of a pediatric patient (in kg) is an extensive property that is commonly used to determine the proper dosage of medication [in milligrams (mg)] prescribed. Although the mass of the medication is also an extensive property, the dosage (in mg/kg) is an intensive property. This calculated dosage should be the same for every pediatric patient.

#### Intensive and Extensive Properties

It is important to recognize that properties can also be classified according to whether they depend on the size of the sample. Consequently, there is a fundamental difference between properties such as color and melting point and properties such as mass and volume.

An **intensive property** is a property of matter that is *independent* of the *quantity* of the substance. Boiling and melting points are intensive properties. For example, the boiling point of one single drop of water is exactly the same as the boiling point of a liter (L) of water.

An **extensive property** *depends* on the *quantity* of a substance. Mass and volume are extensive properties. There is an obvious difference between 1 gram (g) of silver and 1 kilogram (kg) of silver; the quantities and, incidentally, the monetary values, differ substantially.

#### **EXAMPLE 1.4**

# Differentiating Between Intensive and Extensive Properties

Is temperature an intensive or extensive property?

#### LEARNING GOAL

**7** Distinguish between intensive and extensive properties.

#### Solution

Imagine two glasses, each containing 100 g of water, and each at  $25^{\circ}$ C. Now pour the contents of the two glasses into a larger glass. You would predict that the mass of the water in the larger glass would be 200 g (100 g + 100 g) because mass is an *extensive property*, dependent on quantity. However, we would expect the temperature of the water to remain the same (not  $25^{\circ}$ C +  $25^{\circ}$ C); hence, temperature is an *intensive property*. . . independent of quantity.

#### Practice Problem 1.4

Pure water freezes at 0°C. Is this an intensive or extensive property? Why?

▶ For Further Practice: Questions 1.41 and 1.42.

**Question 1.5** Label each property as intensive or extensive:

a. the length of my pencil

b. the color of my pencil

**Question 1.6** Label each property as intensive or extensive:

a. the shape of leaves on a tree

b. the number of leaves on a tree

#### LEARNING GOAL

8 Identify the major units of measure in the English and metric systems.

#### 1.3 The Units of Measurement

The study of chemistry requires the collection of data through measurement. The quantities that are most often measured include mass, length, and volume. Measurements require the determination of an amount followed by a **unit**, which defines the basic quantity being measured. A weight of 3 *ounces* (oz) is clearly quite different than 3 *pounds* (lb). A number that is not followed by the correct unit usually conveys no useful information.

The English system of measurement is a collection of unrelated units used in the United States in business and industry. However, it is not used in scientific work, primarily because it is difficult to convert one unit to another. In fact, the English "system" is not really a system at all; it is simply a collection of units accumulated throughout English history. Table 1.1 shows relationships among common English units of weight, length, and volume.

The United States has begun efforts to convert to the metric system. The *metric system* is truly systematic. It is composed of a set of units that are related to each other decimally; in other words, as powers of ten. Because the metric system is a decimally based system, it is inherently simpler to use and less ambiguous. Table 1.2 shows the meaning of the prefixes used in the metric system.

The metric system was originally developed in France just before the French Revolution in 1789. The more extensive version of this system is the *Systéme International*, or *S.I. system*. Although the S.I. system has been in existence for over 50 years, it has yet to gain widespread acceptance. Because the S.I. system is truly systematic, it utilizes certain units, especially for pressure, that many find unwieldy.

In this text, we will use the metric system, not the S.I. system, and we will use the English system only to the extent of converting from it to the more systematic metric system.

Now let's look at the major metric units for mass, length, volume, and time in more detail. In each case, we will compare the unit to a familiar English unit.



**Mass** describes the quantity of matter in an object. The terms *weight* and *mass*, in common usage, are often considered synonymous. They are not, in fact. **Weight** is the force of gravity on an object:

Weight =  $mass \times acceleration$  due to gravity

#### TABLE 1.1 Some Common Relationships Used in the English System

Weight	1  pound (lb) = 16  ounces (oz)		
	1  ton (t) = 2000  pounds (lb)		
Length	1  foot (ft) = 12  inches (in)		
	1  yard (yd) = 3  feet (ft)		
	1  mile (mi) = 5280  feet (ft)		
Volume	1  quart (qt) = 32  fluid ounces (fl oz)		
	1  quart  (qt) = 2  pints  (pt)		
	1  gallon (gal) = 4  quarts (qt)		



The photo shows 3 oz of grapes versus a 3-lb cantaloupe. Clearly units are important.

#### LEARNING GOAL

8 Identify the major units of measure in the English and metric systems.

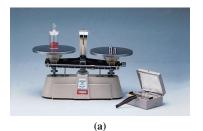
The mathematical process of converting between units will be covered in detail in Section 1.5.

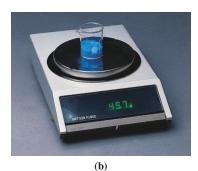
The table of common prefixes used in the metric system relates values to the base units. For example, it defines 1 mg as being equivalent to  $10^{-3}$  g and 1 kg as being equivalent to  $10^{3}$  g.

TABLE 1.2 Some Common Prefixes Used in the Metric System

Prefix	Abbreviation	Meaning	Decimal Equivalent	Equality with major metric units (g, m, or L are represented by $x$ in each)
mega	M	$10^{6}$	1,000,000.	$1 Mx = 10^6 x$
kilo	k	$10^{3}$	1000.	$1 kx = 10^3 x$
deka	da	$10^{1}$	10.	$1 dax = 10^1 x$
deci	d	$10^{-1}$	0.1	$1 dx = 10^{-1}x$
centi	С	$10^{-2}$	0.01	$1 cx = 10^{-2}x$
milli	m	$10^{-3}$	0.001	$1 \text{ m}x = 10^{-3}x$
micro	μ	$10^{-6}$	0.000001	$1 \mu x = 10^{-6} x$
nano	n	$10^{-9}$	0.000000001	$1 \text{ n}x = 10^{-9}x$

Figure 1.7 Three common balances that are useful for the measurement of mass. (a) A two-pan comparison balance for approximate mass measurement suitable for routine work requiring accuracy to 0.1 g (or perhaps 0.01 g). (b) A top-loading single-pan electronic balance that is similar in accuracy to (a) but has the advantages of speed and ease of operation. The revolution in electronics over the past 20 years has resulted in electronic balances largely supplanting the two-pan comparison balance in routine laboratory usage. (c) An analytical balance of this type is used when the highest level of precision and accuracy is required.







When gravity is constant, mass and weight are directly proportional. But gravity is not constant; it varies as a function of the distance from the center of the earth. Therefore, weight cannot be used for scientific measurement because the weight of an object may vary from one place on the earth to the next.

Mass, on the other hand, is independent of gravity; it is a result of a comparison of an unknown mass with a known mass called a *standard mass*. Balances are instruments used to measure the mass of materials.

The metric unit for mass is the gram (g). A common English unit for mass is the pound (lb).

$$1 \text{ lb} = 454 \text{ g}$$

Examples of balances commonly used for the determination of mass are shown in Figure 1.7.

## Length

The standard metric unit of *length*, the distance between two points, is the meter (m). A meter is close to the English yard (yd).

$$1 \text{ yd} = 0.914 \text{ m}$$

#### LEARNING GOAL

8 Identify the major units of measure in the English and metric systems.

## Volume

The standard metric unit of *volume*, the space occupied by an object, is the liter (L). A liter is the volume occupied by 1000 g of water at 4 degrees Celsius (°C).

The English quart (qt) is similar to the liter.

$$1 \text{ qt} = 0.946 \text{ L}$$
 or  $1.06 \text{ qt} = 1 \text{ L}$ 

Volume can be derived using the formula

$$V = \text{length} \times \text{width} \times \text{height}$$

Therefore, volume is commonly reported with a length cubed unit. A cube with the length of each side equal to 1 m will have a volume of 1 m  $\times$  1 m  $\times$  1 m, or 1 m<sup>3</sup>.

$$1 \text{ m}^3 = 1000 \text{ L}$$

The relationships among the units L, mL, and cm<sup>3</sup> are shown in Figure 1.8.

Typical laboratory devices used for volume measurement are shown in Figure 1.9. These devices are calibrated in units of milliliters (mL) or microliters ( $\mu$ L); 1 mL is, by definition, equal to 1 cm<sup>3</sup>. The volumetric flask is designed to *contain* a specified volume, and the graduated cylinder, pipet, and buret *dispense* a desired volume of liquid.

#### Time

The standard metric unit of time is the second (s). The need for accurate measurement of time by chemists may not be as apparent as that associated with mass, length, and volume. It is necessary, however, in many applications. In fact, matter may be characterized by measuring the time required for a certain process to occur. The rate of a chemical reaction is a measure of change as a function of time.

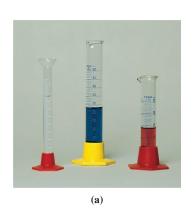
# 1.4 The Numbers of Measurement

A measurement has two parts: a number and a unit. The English and metric units of mass, length, volume, and time were discussed in Section 1.3. In this section, we will learn to handle the numbers associated with the measurements.

Information-bearing figures in a number are termed *significant figures*. Data and results arising from a scientific experiment convey information about the way in which the experiment was conducted. The degree of uncertainty or doubt associated with a measurement or series of measurements is indicated by the number of figures used to represent the information.

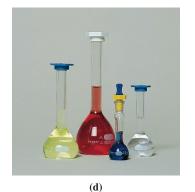
## Significant Figures

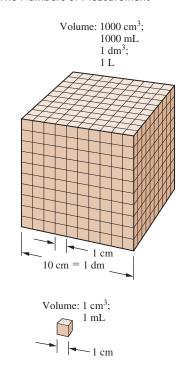
Consider the following situation: A student was asked to obtain the length of a section of wire. In the chemistry laboratory, several different types of measuring devices are usually available. Not knowing which was most appropriate, the











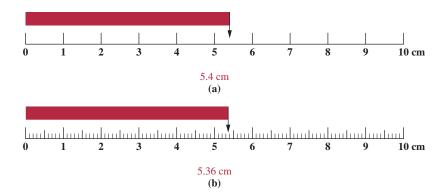
**Figure 1.8** The relationships among various volume units.

#### LEARNING GOAL

9 Report data and calculate results using scientific notation and the proper number of significant figures.

Figure 1.9 Common laboratory equipment used for the measurement of volume. Graduated (a) cylinders, (b) pipets, and (c) burets are used for the delivery of liquids. A graduated cylinder is usually used for measurement of approximate volume; it is less accurate and precise than either pipets or burets. (d) Volumetric flasks are used to contain a specific volume.

student decided to measure the object using each device that was available in the laboratory. To make each measurement, the student determined the mark nearest to the end of the wire. This is depicted in the figure below; the red bar represents the wire being measured. In each case, the student estimated one additional digit by mentally subdividing the marks into ten equal divisions. The following data were obtained:



In case (a), we are certain that the object is at least 5 cm long and equally certain that it is *not* 6 cm long because the end of the object falls between the calibration lines 5 and 6. We can only estimate between 5 and 6, because there are no calibration indicators between 5 and 6. The end of the wire appears to be approximately four-tenths of the way between 5 and 6, hence 5.4 cm. The 5 is known with certainty, and 4 is estimated.

In case (b), the ruler is calibrated in tenths of a centimeter. The end of the wire is at least 5.3 cm and not 5.4 cm. Estimation of the second decimal place between the two closest calibration marks leads to 5.36 cm. In this case, 5.3 is certain, and the 6 is estimated (or uncertain).

Two questions should immediately come to mind:

- 1. Are the two answers equivalent?
- 2. If not, which answer is correct?

In fact, the two answers are *not* equivalent, yet *both* are correct. How do we explain this apparent discrepancy?

The data are not equivalent because each is known to a different degree of certainty. The term **significant figures** is defined to be all digits in a number representing data or results that are known with certainty *plus one uncertain digit*. The answer 5.36 cm, containing three significant figures, specifies the length of the wire more precisely than 5.4 cm, which contains only two significant figures.

Both answers are correct because each is consistent with the measuring device used to generate the data. An answer of 5.36 cm obtained from a measurement using ruler (a) would be *incorrect* because the measuring device is not capable of that precise specification. On the other hand, a value of 5.4 cm obtained from ruler (b) would be erroneous as well; in that case, the measuring device is capable of generating a higher level of certainty (more significant digits) than is actually reported.

In summary, the number of significant figures associated with a measurement is determined by the measuring device. Conversely, the number of significant figures reported is an indication of the precision of the measurement itself.

## **Recognition of Significant Figures**

Only *significant* digits should be reported as data or results. However, are all digits, as written, significant digits? Let's look at a few examples illustrating the rules that are used to represent data and results with the proper number of significant digits.

The uncertain digit results from an estimation.

The uncertain digit represents the degree of doubt in a single measurement.

• All nonzero digits are significant.

7.314 has four significant digits.

• The number of significant digits is independent of the position of the decimal point.

73.14 has four significant digits, as does 7.314.

• Zeros located between nonzero digits are significant.

60.052 has five significant figures.

- Zeros at the end of a number (often referred to as trailing zeros) are significant or not significant depending upon the existence of a decimal point in the number.
  - o If there is a decimal point, any trailing zeros are significant.

4.70 has three significant figures.

1000. has four significant figures because the decimal point is included.

• If the number *does not* contain a decimal point, trailing zeros are not significant.

1000 has one significant figure.

• Zeros to the left of the first nonzero integer are not significant; they serve only to locate the position of the decimal point.

0.0032 has two significant figures.

**Question 1.7** How many significant figures are contained in each of the following numbers?

a. 7.26

c. 700.2

e. 0.0720

b. 726

d. 7.0

f. 720

**Question 1.8** How many significant figures are contained in each of the following numbers?

a. 0.042

c. 24.0

e. 204

b. 4.20

d. 240

f. 2.04

## Scientific Notation

It is often difficult to express very large numbers to the proper number of significant figures using conventional notation. The solution to this problem lies in the use of **scientific notation**, which involves the representation of a number that is greater than 1 and less than 10 which is multiplied by 10 raised to the power of a whole number.

The conversion is illustrated as:

$$6200 = 6.2 \times 1000 = 6.2 \times 10^3$$

If we wish to express 6200 with three significant figures, we can write it as:

$$6.20 \times 10^{3}$$

The trailing zero becomes significant with the existence of the decimal point in the number. Note also that the exponent of 3 has no bearing on the number of significant figures. The value of  $6.20 \times 10^{14}$  also contains three significant figures.

**RULE:** To convert a number greater than one to scientific notation, the original decimal point is moved x places to the left, and the resulting number is multiplied by  $10^x$ . The exponent (x) is a *positive* number equal to the number of places the original decimal point was moved.

Scientific notation is also useful in representing numbers less than one. The conversion is illustrated as:

$$0.0062 = 6.2 \times \frac{1}{1000} = 6.2 \times \frac{1}{10^3} = 6.2 \times 10^{-3}$$

#### LEARNING GOAL

9 Report data and calculate results using scientific notation and the proper number of significant figures.

Scientific notation is also referred to as exponential notation. When a number is not written in scientific notation, it is said to be in standard form.

By convention, in the exponential form, we represent the number with one digit to the left of the decimal point.

Scientific notation is written in the format:  $y \times 10^x$ , in which y represents a number between 1 and 10, and x represents a positive or negative whole number.

**RULE:** To convert a number less than one to scientific notation, the original decimal point is moved x places to the right, and the resulting number is multiplied by  $10^{-x}$ . The exponent (-x) is a *negative* number equal to the number of places the original decimal point was moved.

When a number is exceedingly large or small, scientific notation must be used to enter the number into a calculator. For example, the mass of a single helium atom is a rather cumbersome number as written:

## 0.0000000000000000000000006692 g

Most calculators only allow for the input of nine digits. Scientific notation would express this number as  $6.692 \times 10^{-24}$  g.

**Question 1.9** Represent each of the following numbers in scientific notation, showing only significant digits:

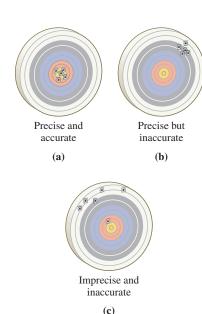
a. 0.0024	c. 224	e. 72.420
b. 0.0180	d. 673,000	f. 0.83

**Question 1.10** Represent each of the following numbers in scientific notation, showing only significant digits:

a.	48.20	c.	0.126	e.	0.0520
b.	480.0	d.	9,200	f.	822

## LEARNING GOAL

10 Distinguish between αccuracy and precision and their representations: error and deviation.



**Figure 1.10** An illustration of precision and accuracy in replicate experiments.

## **Accuracy and Precision**

The terms *accuracy* and *precision* are often used interchangeably in everyday conversation. However, they have very different meanings when discussing scientific measurement.

Accuracy is the degree of agreement between the true value and the measured value. The measured value may be a single number (such as the mass of an object) or the average value of a series of replicate measurements of the same quantity (reweighing the same object several times). We represent accuracy in terms of error, the numerical difference between the measured and true value.

Error is an unavoidable consequence of most laboratory measurements (except counted numbers, discussed on p. 17), but not for the reasons you might expect. Spills and contamination are certainly problems in a laboratory, but proper training and a great deal of practice eliminates most of these human errors. Still, errors, *systematic* and *random*, remain.

Systematic errors cause results to be generally higher than the true value or generally lower than the true value. An example would be something as simple as dust on a balance pan, causing each measurement to be higher than the true value. The causes of systematic error can often be discovered and removed. Even after correcting for systematic error we are still left with random error. Random error is an unavoidable, intrinsic consequence of measurement. Replicate measurements of the same quantity will produce some results greater than the true value and some less than the true value.

When possible, we prefer to make as many replicate measurements of the same quantity to "cancel out" the high (+) and low (-) fluctuations.

**Precision** is a measure of the agreement within a set of replicate measurements. Just as accuracy is measured in terms of error, precision is represented by **deviation**, the amount of variation present in a set of replicate measurements.

It is important to recognize that accuracy and precision are not the same thing. It is possible to have one without the other. However, when scientific measurements are carefully made, the two most often go hand in hand; high-quality data are characterized by high levels of precision and accuracy.

In Figure 1.10, bull's-eye (a) shows the goal of all experimentation: accuracy *and* precision. Bull's-eye (b) shows the results to be repeatable (good precision); however,

some error in the experimental procedure has caused the results to center on an incorrect value. This error is systematic, occurring in each replicate measurement. Occasionally, an experiment may show "accidental" accuracy. The precision is poor, but the average of replicate measurements leads to a correct value. We don't want to rely on accidental success; the experiment should be repeated until the precision inspires faith in the accuracy of the method. Modern measuring devices in chemistry, equipped with powerful computers with immense storage capacity, are capable of making literally thousands of individual replicate measurements to enhance the quality of the result. In bull's-eye (c), we see a representation of poor precision and poor accuracy. Often, poor precision is accompanied by poor accuracy.

In summary, the presence of error and deviation in most measurements is the real basis for significant figures: all the certain digits plus one uncertain digit.

## Exact (Counted) and Inexact Numbers

Inexact numbers, by definition, have uncertainty (the degree of doubt in the final significant digit). Exact numbers, on the other hand, have no uncertainty. Exact numbers may arise from a definition; there are exactly 60 min in 1 h or there are exactly 1000 mL in 1 L.

Exact numbers are a consequence of counting. Counting the number of dimes in your pocket or the number of letters in the alphabet are examples. The fact that exact numbers have no uncertainty means that they do not limit the number of significant figures in the result of a calculation.

For example, we may wish to determine the mass of three bolts purchased from the hardware store. Each bolt has a mass of 12.97 g. The total mass is determined by:

$$3 \times 12.97 \text{ g} = 38.91 \text{ g}$$

The number of significant figures in the result is governed by the data (mass of the bolt) and not by the counted (exact) number of bolts.

In Section 1.5, we will learn how to convert between units. A good rule of thumb to follow when performing these types of calculations is to use the measured quantity, not the conversion factor in order to determine the number of significant figures in the answer.

## Rounding Numbers

The use of a calculator generally produces more digits for a result than are justified by the rules of significant figures on the basis of the data input. For example, your calculator may show:

$$3.84 \times 6.72 = 25.8048$$

The most correct answer would be 25.8, dropping 048. A convenient way to show this is:

$$3.84 \times 6.72 = 25.8048 \approx 25.8$$

A number of acceptable conventions for rounding exist. Throughout this book, we will use the following:

**RULE:** When the number to be dropped is less than five, the preceding number is not changed. When the number to be dropped is five or larger, the preceding number is increased by one unit.

Question 1.11 Round each of the following numbers to three significant figures.

a. 61.40 b. 6.171 c. 0.066494 d. 63.669 e. 8.7715

Question 1.12 Round each of the following numbers to two significant figures.

a. 6.2262 b. 3895 c. 6.885 d. 2.2247 e. 0.0004109

The rule for multiplication and significant figures dictates three significant figures in the answer.

#### LEARNING GOAL

**9** Report data and calculate results using scientific notation and the proper number of significant figures.

## Significant Figures in Calculation of Results

#### Addition and Subtraction

If we combine the following numbers:

37.68 108.428 6.71864

our calculator will show a final result of

152.82664

Remember the distinction between the words zero and nothing. Zero is one of the 10 digits and conveys as much information as 1, 2, and so forth. Nothing implies no information; the digits in the positions indicated by x could be 0, 1, 2, or any other.

Clearly the answer, with eight digits, defines the total much more accurately than any of the individual quantities being combined. This cannot be correct; the answer cannot have greater significance than any of the quantities that produced the answer. We rewrite the problem:

See the rules for rounding discussed earlier in this section.

where x = no information; x may be any integer from 0 to 9. Adding 4 to two unknown numbers (in the rightmost column) produces no information. Similar logic prevails for the previous two columns. Thus, five digits remain, all of which are significant. Conventional rules for rounding would dictate a final answer of 152.83.

**Question 1.13** Report the result of each of the following to the proper number of significant figures:

a. 
$$4.26 + 3.831 =$$
 b.  $8.321 - 2.4 =$  c.  $16.262 + 4.33 - 0.40 =$ 

**Question 1.14** Report the result of each of the following to the proper number of significant figures:

a. 
$$7.939 + 6.26 =$$
 b.  $2.4 - 8.321 =$  c.  $2.333 + 1.56 - 0.29 =$ 

Adding numbers that are in scientific notation requires a bit more consideration. The numbers must either be converted to standard form or converted to numbers that have the same exponents. Example 1.5 demonstrates this point.

#### **EXAMPLE 1.5**

# **Determining Significant Figures When Adding Numbers in Scientific Notation**

Report the result of the following addition to the proper number of significant figures and in scientific notation.

$$9.47 \times 10^{-6} + 9.3 \times 10^{-5}$$

## LEARNING GOAL

**9** Report data and calculate results using scientific notation and the proper number of significant figures.

#### Solution

There are two strategies that may be used in order to arrive at the correct answer.

#### First solution strategy.

When both numbers are converted to standard form, they can be added together. The initial answer is not the correct answer because it does not have the proper number of significant figures.

$$0.00000947 \\ + 0.000093xx \\ 0.00010247$$

After rounding, the answer 0.000102 can then be converted to the final answer, which in scientific notation is  $1.02 \times 10^{-4}$ .

#### Second solution strategy.

When both numbers have the same power of 10 exponent, they can be added together. In this example,  $9.47 \times 10^{-6}$  is converted to  $0.947 \times 10^{-5}$ .

$$9.47 \times 10^{-6} = 0.947 \times 10^{-5}$$

$$0.947 \times 10^{-5}$$

$$+ 9.3xx \times 10^{-5}$$

$$10.247 \times 10^{-5}$$

As in the first solution strategy, the initial answer is rounded to the proper number of significant figures,  $10.2 \times 10^{-5}$  which is written in scientific notation as  $1.02 \times 10^{-4}$ .

## **Practice Problem 1.5**

Report the result of the addition of  $6.72 \times 10^5 + 7.4 \times 10^4$  to the proper number of significant figures and in scientific notation.

▶ For Further Practice: Questions 1.79 b, d; 1.80 d, e.

**Question 1.15** Report the result of the following addition to the proper number of significant figures and in scientific notation.

$$8.23 \times 10^{-4} + 6.1 \times 10^{-5}$$

**Question 1.16** Report the result of the following addition to the proper number of significant figures and in scientific notation.

$$4.80 \times 10^8 + 9.149 \times 10^2$$

#### Multiplication and Division

In the preceding discussion of addition and subtraction, the position of the decimal point in the quantities being combined had a bearing on the number of significant figures in the answer. In multiplication and division, this is not the case. The decimal point position is irrelevant when determining the number of significant figures in the answer. It is the number of significant figures in the data that is important. Consider

$$\frac{4.237 \times 1.21 \times 10^{-3} \times 0.00273}{11.125} = 1.26 \times 10^{-6}$$

The answer is limited to three significant figures; the answer can have *only* three significant figures because two numbers in the calculation,  $1.21 \times 10^{-3}$  and 0.00273, have three significant figures and "limit" the answer. The answer can be no more precise than the least precise number from which the answer is derived. The least precise number is the number with the fewest significant figures.

#### LEARNING GOAL

**9** Report data and calculate results using scientific notation and the proper number of significant figures.

#### **EXAMPLE 1.6**

## **Determining Significant Figures When Multiplying Numbers in Scientific Notation**

Report the result of the following operation to the proper number of significant figures and in scientific notation.

Report data and calculate results using scientific notation and the proper number of significant figures.

$$\frac{2.44 \times 10^{6}}{91}$$

#### Solution

Often problems that combine multiplication and addition can be broken into parts. This allows each part to be solved in a stepwise fashion.

**Step 1.** The numerator operation can be completed.

$$2.44 \times 10^4 = 24,400$$

**Step 2.** This value can now be divided by the value in the denominator.

$$\frac{24,400}{91} = 268$$

Step 3. The answer is limited to two significant figures. This is because of the two numbers in the calculation, 2.244 and 91, the number 91 has fewer significant figures and limits the number of significant figures in the answer. The answer in scientific notation is  $2.7 \times 10^2$ .

#### Practice Problem 1.6

Report the result of the following operation to the proper number of significant figures and in scientific notation.

$$\frac{837}{1.8 \times 10^{-2}}$$

▶ For Further Practice: 1.79 a, c, e and 1.80 a, b, c.

Question 1.17 Report the result of each of the following operations using the proper number of significant figures:

a. 
$$63.8 \times 0.80 =$$

a. 
$$63.8 \times 0.80 =$$
 c.  $\frac{16.4 \times 78.11}{22.1} =$  e.  $\frac{4.38 \times 10^8}{0.9462} =$ 

e. 
$$\frac{4.38 \times 10^8}{0.0462}$$

b. 
$$\frac{63.8}{0.80}$$
 =

b. 
$$\frac{63.8}{0.80} =$$
 d.  $\frac{42.2}{21.38 \times 2.3} =$  f.  $\frac{6.1 \times 10^{-4}}{0.3025} =$ 

f. 
$$\frac{6.1 \times 10^{-4}}{0.3025}$$
 =

Question 1.18 Report the result of each of the following operations using the proper number of significant figures:

a. 
$$\frac{27.2 \times 15.63}{1.84} =$$
 c.  $\frac{4.79 \times 10^5}{0.7911} =$  e.  $\frac{3.58}{4.0} =$ 

c. 
$$\frac{4.79 \times 10^5}{0.7911} =$$

e. 
$$\frac{3.58}{4.0}$$
 =

b. 
$$\frac{13.6}{18.02 \times 1.6} =$$
 d.  $3.58 \times 4.0 =$  f.  $\frac{11.4 \times 10^{-4}}{0.45} =$ 

d. 
$$3.58 \times 4.0 =$$

f. 
$$\frac{11.4 \times 10^{-4}}{0.45}$$
 =

#### **Unit Conversion** 1.5

To convert from one unit to another, we must have a conversion factor or series of conversion factors that relate two units. The proper use of these conversion factors is called the factor-label method or dimensional analysis. This method is used for two kinds of conversions: to convert from one unit to another within the same system or to convert units from one system to another.

## Conversion of Units within the Same System

Based on the information presented in Table 1.1, Section 1.3, we know that in the English system,

$$1 \text{ gal} = 4 \text{ qt}$$

Dividing both sides of the equation by the same term does not change its identity. These ratios are equivalent to unity (1); therefore

$$\frac{1 \text{ gal}}{1 \text{ gal}} = \frac{4 \text{ qt}}{1 \text{ gal}} = 1$$

Multiplying any other expression by either of these ratios will not change the value of the term because multiplication of any number by 1 produces the original value. However, the units will change.

## Factor-Label Method

When the expressions are written as ratios, they can be used as conversion factors in the factor-label method. For example, if you were to convert 12 gal to quarts, you must decide which conversion factor to use,

$$\frac{1 \text{ gal}}{4 \text{ qt}}$$
 or  $\frac{4 \text{ qt}}{1 \text{ gal}}$ 

Since you are converting 12 gal (Data Given) to qt (Desired Result), it is important to choose a conversion factor with gal in the denominator and qt in the numerator. That way, when the initial quantity (12 gal) is multiplied by the conversion factor, the original unit (gal) will cancel, leaving you with the unit qt in the answer.

$$12 \text{ gal} \times \frac{4 \text{ qt}}{1 \text{ gal}} = 48 \text{ qt}$$

Data Given × Conversion Factor = Desired Result

If the incorrect ratio was selected as a conversion factor, the answer would be incorrect.

$$12 \text{ gal} \times \frac{1 \text{ gal}}{4 \text{ qt}} = \frac{3 \text{ gal}^2}{\text{qt}}$$
 (incorrect units)

Therefore, the factor-label method is a self-indicating system. The product will only have the correct units if the conversion factor is set up properly.

The factor-label method is also useful when more than one conversion factor is needed to convert the data given to the desired result. The use of a series of conversion factors is illustrated in Example 1.7.

#### LEARNING GOAL

11 Convert between units of the English and metric systems.



The speed of an automobile is indicated in both English (mi/h) and metric (km/h) units.

Conversion factors are used to relate units through the process of the factor-label method (dimensional analysis).

#### **EXAMPLE 1.7**

## **Using English System Conversion Factors**

#### LEARNING GOAL

Convert  $3.28 \times 10^4$  ounces to tons.

 Convert between units of the English and metric systems.

#### Solution

Using the equalities provided in Table 1.1, the data given in ounces (oz) can be directly converted to a bridging data result in pounds (lb), so lb can be converted to the desired result in tons (t). The possible conversion factors are

$$\frac{1 \text{ lb}}{16 \text{ oz}} = \frac{16 \text{ oz}}{1 \text{ lb}}$$
 and  $\frac{2000 \text{ lb}}{1 \text{ t}} = \frac{1 \text{ t}}{2000 \text{ lb}}$ 

**Step 1.** Since the initial value is in oz, the conversion factor with oz in the denominator should be used first.

$$3.28 \times 10^4$$
  $\cancel{92} \times \frac{1 \text{ lb}}{16 \cancel{92}} = 2.05 \times 10^3 \text{ lb}$ 

Data Given × Conversion Factor = Initial Data Result

If the other conversion factor relating oz and lb was used, the resulting units would have been  $oz^2/lb$ , and the answer would have been incorrect.

**Step 2.** Now that  $3.28 \times 10^4$  oz has been converted to  $2.05 \times 10^3$  lb, the conversion factor relating lb to t is used. The conversion factor with lb in the denominator and t in the numerator is the only one that leads to the correct answer.

$$2.05 \times 10^3$$
 Jb  $\times \frac{1 \text{ t}}{2000}$  Jb  $= 1.03 \text{ t}$ 

Initial Data Result × Conversion Factor = Desired Result

This calculation may also be done in a single step by arranging the factors in a chain:

$$3.28 \times 10^4 \text{ s/z} \times \frac{1 \text{ J/s}}{16 \text{ s/z}} \times \frac{1 \text{ t}}{2000 \text{ J/s}} = 1.03 \text{ t}$$

Data Given × Conversion Factor × Conversion Factor = Desired Result

*Helpful Hint:* After the conversion factors have been selected and set up in the solution to the problem, it is important to also cancel the units that can be canceled. This process will allow for you to verify that you have set up the problem correctly. In addition, the unit ton represents a significantly larger quantity than the unit ounce. Therefore, one would expect a small number of tons to equal a large number of ounces.

#### Practice Problem 1.7

Convert 360 ft to mi.

▶ For Further Practice: Questions 1.91 a, b and 1.92 a, b.

Table 1.2 is located in Section 1.3.

Conversion of units within the metric system may be accomplished by using the factor-label method as well. Unit prefixes that dictate the conversion factor facilitate unit conversion (refer to Table 1.2). Example 1.8 demonstrates this process.

## **EXAMPLE 1.8**

## **Using Metric System Conversion Factors**

### LEARNING GOAL

Convert 0.0047 kg to mg.

11 Convert between units of the English and metric systems.

#### Solution

Using the equalities provided in Table 1.2, the data given in kg can be directly converted to a bridging data result in g, so g can be converted to the desired result in mg. The possible conversion factors are

$$\frac{10^3 \, g}{1 \, kg} = \frac{1 \, kg}{10^3 \, g} \quad \text{and} \quad \frac{10^{-3} \, g}{1 \, mg} = \frac{1 \, mg}{10^{-3} \, g}$$

Step 1. Since the initial value is in kg, the conversion factor with kg in the denominator should be used first.

$$0.0047 \text{ kg} \times \frac{10^3 \text{ g}}{1 \text{ kg}} = 4.7 \text{ g}$$

Data Given × Conversion Factor = Initial Data Result

If the other conversion factor relating kg and g was used, the resulting units would have been  $kg^2/g$ , and the answer would have been incorrect.

**Step 2.** Now that 0.0047 kg has been converted to 4.7 g, the conversion factor relating g to mg is used. The conversion factor with g in the denominator and mg in the numerator is the only one that leads to the correct answer.

$$4.7 \text{g/x} \frac{1 \text{ mg}}{10^{-3} \text{g/s}} = 4.7 \times 10^3 \text{ mg}$$

Initial Data Result × Conversion Factor = Desired Result

This calculation may also be done in a single step by arranging the factors in a chain:

$$0.0047 \text{ kg} \times \frac{10^3 \text{ g}}{1 \text{ kg}} \times \frac{1 \text{ mg}}{10^{-3} \text{ g}} = 4.7 \times 10^3 \text{ mg}$$

Data Given × Conversion Factor × Conversion Factor = Desired Result

*Helpful Hint:* After the conversion factors have been selected and set up in the solution to the problem, it is important to also cancel the units that can be canceled. This process will allow for you to verify that you have set up the problem correctly. In addition, the unit mg represents a significantly smaller quantity than the unit kg. Therefore, one would expect a large number of mg to equal a small number of kg.

#### Practice Problem 1.8

- a. 750 cm to mm
- b.  $1.5 \times 10^8$  microliters to centiliters
- c. 0.00055 Mg to kg
- ▶ For Further Practice: Questions 1.95 and 1.96.

#### Conversion of Units Between Systems

The conversion of a quantity expressed in a unit of one system to an equivalent quantity in the other system (English to metric or metric to English) requires the use of a relating unit, a conversion unit that relates the two systems. Examples are shown in Table 1.3.

The conversion may be represented as a three-step process:

**Step 1.** Conversion from the unit given in the problem to a relating unit.

Data Given × Conversion Unit = Relating Unit

**Step 2.** Conversion to the other system using the relating unit.

Relating Unit × Conversion Unit = Initial Data Result

**Step 3.** Conversion within the desired system to unit required by the problem.

Initial Data Result × Conversion Unit = Desired Result

Example 1.9 demonstrates a conversion from the English system to the metric system.

TABLE 1.3 Relationships Between Common English and Metric Units

Quantity	English		Metric
Mass	1 pound	=	454 grams
Length	1 yard	=	0.914 meter
Volume	1 quart	=	0.946 liter

#### **EXAMPLE 1.9**

## **Using Both English and Metric System Conversion Factors**

LEARNING GOAL

and metric systems.

Convert between units of the English

Convert 4.00 oz to kg.

#### Solution

Based on the English system relationships provided in Tables 1.1 and 1.3, the data given in oz should be converted to a relating data result in lb, so lb can be converted to the g. Then, using the prefix equalities in Table 1.2, the initial data result in g can be converted to the desired result in kg. The possible conversion factors are:

$$\frac{16 \text{ oz}}{1 \text{ lb}} = \frac{1 \text{ lb}}{16 \text{ oz}}$$
 and  $\frac{454 \text{ g}}{1 \text{ lb}} = \frac{1 \text{ lb}}{454 \text{ g}}$  and  $\frac{10^3 \text{ g}}{1 \text{ kg}} = \frac{1 \text{ kg}}{10^3 \text{ g}}$ 

Step 1. Since the initial value is in oz, the conversion factor with oz in the denominator should be used first because it relates the data given to a relating unit.

$$4.00 \text{ 9/2} \times \frac{1 \text{ lb}}{16 \text{ 9/2}} = 0.250 \text{ lb}$$

Data Given  $\times$  Conversion Factor = Relating Unit

If the other conversion factor relating oz and lb was used, the resulting units would have been oz<sup>2</sup>/lb, and the answer would have been incorrect.

Step 2. Now that 4.00 oz has been converted to 0.250 lb, the conversion factor relating lb to g is used. The conversion factor with lb in the denominator and g in the numerator is the only one that leads to the correct answer.

$$0.250 \text{ JK} \times \frac{454 \text{ g}}{1 \text{ JK}} = 114 \text{ g}$$

Relating Unit × Conversion Factor = Initial Data Result

Step 3. In the final step of this conversion, the conversion is within the desired system of units required by the problem. The conversion factor relating g and kg with g in the denominator and kg in the numerator is the only one that leads to the correct answer.

$$114 \text{g} \times \frac{1 \text{ kg}}{10^3 \text{g}} = 0.114 \text{ kg}$$

Initial Data Result × Conversion Factor = Desired Result

This calculation may also be done in a single step by arranging the factors in a chain:

$$4.00 \text{ g/z} \times \frac{1 \text{ J/b}}{16 \text{ g/z}} \times \frac{454 \text{ g/z}}{1 \text{ J/b}} \times \frac{1 \text{ kg}}{10^3 \text{ g/z}} = 0.114 \text{ kg}$$

Data Given × Conversion Factor × Conversion Factor × Conversion Factor = Desired Result

Helpful Hint: After the conversion factors have been selected and set up in the solution to the problem, it is important to also cancel the units that can be canceled. This process will allow for you to verify that you have set up the problem correctly. In addition, the unit oz represents a smaller quantity than the unit kg. Therefore, one would expect a large number of oz to equal a small number of kg.

#### **Practice Problem 1.9**

Convert:

a. 0.50 in to m d. 0.50 in to cm b. 0.75 qt to L e. 0.75 qt to mL c. 56.8 g to oz f. 56.8 mg to oz

▶ For Further Practice: Questions 1.93 a, b and 1.94 a, b.

# A Medical Perspective



## Curiosity and the Science That Leads to Discovery

Curiosity is one of the most important human traits. Small children constantly ask, "Why?" As we get older, our questions become more complex, but the curiosity remains. Curiosity is also the basis of the scientific method. A scientist observes an event, wonders why it happened, and sets out to answer the question. Dr. Eric Wieschaus's story provides an example of curiosity that led to the discovery of gene pathways that are currently the target of new medicines.

As a child, Dr. Wieschaus dreamed of being an artist, but during the summer following his junior year of high school, he took part in a science program and found his place in the laboratory. When he was a sophomore in college, he accepted a job preparing fly food in a *Drosophila* (fruit fly) lab. Then, while learning about mitosis (cell division) in his embryology course, he became excited about the process of embryonic development. He was fascinated watching how a fertilized frog egg underwent cell division with little cellular growth or differentiation until it formed an embryo. Then, when the embryo grew, the cells in the various locations within the embryo developed differently. As a direct result of his observations, he became determined to understand why certain embryonic cells developed the way they did.

Throughout graduate school, his interest in solving this mystery continued. In his search for the answer, he devised different types of experiments in order to collect data that could explain what caused certain embryonic cells to differentiate into their various shapes, sizes, and positions within the growing embryo. It is these cellular differentiations that determine which cells may become tissues, organs, muscles, or nerves. Although many of his experiments failed, some of the experiments that he completed using normal embryonic cells provided data that led to his next series of experiments in which he used mutated embryos.

After graduate school, Dr. Wieschaus and his colleague, Dr. Christiane Nüsslein-Volhard, used a trial-and-error approach to determine which of the fly's 20,000 genes were essential to embryonic development. They used a chemical to create random mutations in the flies. The mutated flies were bred, and the fly families were analyzed under a microscope. Although the fly embryos are only 0.18 mm in length, the average adult female fly is 2.5 mm long. This allowed for the physical characteristics that resulted from mutated genes to be observed. An artist at heart, Dr. Wieschaus enjoyed this visual work.

Each day was exciting because he knew that at any moment, he could find the answer that he had been seeking for so long. After many years, the team was able to find the genes that controlled the cellular development process within *Drosophila*. The hedgehog gene was one of several genes they





Discoveries about the Drosophila embryo have led to advances in medicine.

identified. It controls a pathway that provides cells with the information they need to develop.

Although it was initially discovered while *Drosophila* embryos were being studied, the hedgehog gene has roles in other adult animals. It has been found that if the hedgehog pathway becomes impaired in humans, basal cell carcinoma (BCC), the most common form of skin cancer, develops. The curiosity that led to the hedgehog gene also led to the discovery of an entirely new type of cancer drug, the first Food and Drug Administration (FDA) approved drug for patients with advanced BCC. This and other types of gene-controlled pathways are allowing for the creation of drugs that target specific diseases. Since these drugs can be designed to be selective, they should also have fewer side effects.

The curiosity that enabled Dr. Wieschaus to advance the field of medicine also catalyzed the development of chemistry. We will see the product of this fundamental human characteristic as we study the work of many extraordinary chemists throughout this textbook.

#### For Further Understanding

- ▶ What is the length of the fruit fly embryo in cm?
- ▶ What is the length of the fruit fly embryo in inches?

When a unit is raised to a power, the corresponding conversion factor must also be raised to that power. This ensures that the units cancel properly. Example 1.10 demonstrates how to convert units that are squared or cubed.

#### **EXAMPLE 1.10**

## **Using Conversion Factors Involving Exponents**

#### LEARNING GOAL

Convert 1.5 m<sup>2</sup> to cm<sup>2</sup>.

11 Convert between units of the English and metric systems.

#### Solution

This problem is similar to the conversion problems performed in the previous examples. However, in solving this problem using the factor-label method, the unit exponents must be included.

Using the metric system equalities provided in Table 1.2, the data given in m<sup>2</sup> can be directly converted to the desired result in cm<sup>2</sup>. The possible conversion factors are

$$\frac{10^{-2} \, \text{m}}{1 \, \text{cm}} = \frac{1 \, \text{cm}}{10^{-2} \, \text{m}}$$

Since the initial value is in m<sup>2</sup>, the conversion factor with cm in the denominator should be used. If the incorrect conversion factor was used, the units would not cancel and the result would be m<sup>4</sup> in the numerator and cm<sup>2</sup> in the denominator.

$$1.5 \text{ m}^2 \times \frac{1 \text{ cm}}{10^{-2} \text{ m}} \times \frac{1 \text{ cm}}{10^{-2} \text{ m}} = 1.5 \times 10^4 \text{ cm}^2$$

Data Given  $\times$  (Conversion Factor)<sup>2</sup> = Desired Result

*Helpful Hint:* When converting a value with a squared unit, the impact of the conversion factor is much greater than if the unit had no exponent. Without the squared unit, the two numbers would be different by a factor of 100; whereas in this example, the two numbers are different by a factor of 10,000.

#### Practice Problem 1.10

Convert:

- a.  $1.5 \text{ cm}^2 \text{ to m}^2$
- b.  $3.6 \text{ m}^2 \text{ to cm}^2$
- ▶ For Further Practice: Question 1.97.

Sometimes the unit to be converted is in the denominator. Be sure to set up your conversion factor accordingly. Example 1.11 demonstrates this process.

## **EXAMPLE 1.11**

## Converting Units in the Denominator

## LEARNING GOAL

The density of air is 1.29 g/L. What is the value in g/mL? (Note: Density will be discussed in more detail in Section 1.6.)

11 Convert between units of the English and metric systems.

#### Solution

This problem requires the use of one conversion factor. According to the metric system equalities relating mL and L provided in Table 1.2, the possible conversion factors are

$$\frac{10^{-3} L}{1 mL} = \frac{1 mL}{10^{-3} L}$$

Since the data given has L in the denominator, the conversion factor with L in the numerator should be used. If the incorrect conversion factor was used, the units would not cancel and the result would be g and mL in the numerator and  $L^2$  in the denominator.

$$\frac{1.29 \text{ g}}{\cancel{L}} \times \frac{10^{-3} \cancel{L}}{1 \text{ mL}} = 1.29 \times 10^{-3} \frac{\text{g}}{\text{mL}}$$

Data Given × Conversion Factor = Desired Result

*Helpful Hint:* If the incorrect conversion factor was used, the units would not cancel and the result would be g and mL in the numerator and  $L^2$  in the denominator.

#### Practice Problem 1.11

Convert 0.791 g/mL to kg/L.

#### ▶ For Further Practice: Question 1.98.

It is difficult to overstate the importance of paying careful attention to units and unit conversions. Just one example of the tremendous cost that can result from a "small error," is the loss of a 125 million-dollar Mars-orbiting satellite because of failure to convert from English to metric units during one phase of its construction. As a consequence of this error, the satellite established an orbit too close to Mars and burned up in the Martian atmosphere along with 125 million dollars of the National Aeronautics and Space Administration (NASA) budget.

## 1.6 Additional Experimental Quantities

In Section 1.3, we introduced the experimental quantities of mass, length, volume, and time. We will now introduce other commonly measured and derived quantities.

### **Temperature**

**Temperature** is the degree of "hotness" of an object. This may not sound like a very "scientific" definition, and, in a sense, it is not. Intuitively, we know the difference between a "hot" and a "cold" object, but developing a precise definition to explain this is not easy. We may think of the temperature of an object as a measure of the amount of heat in the object. However, this is not strictly true. An object increases in temperature because its heat content has increased and vice versa; however, the relationship between heat content and temperature depends on the quantity and composition of the material.

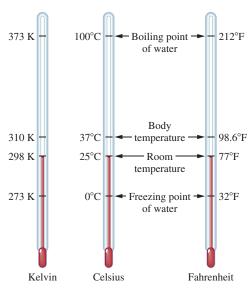
Many substances, such as mercury, expand as their temperature increases, and this expansion provides us with a way to measure temperature and temperature changes. If the mercury is contained within a sealed tube, as it is in a thermometer, the height of the mercury is proportional to the temperature. A mercury thermometer may be calibrated, or scaled, in different units, just as a ruler can be. Three common temperature scales are *Fahrenheit* (°F), *Celsius* (°C), and *Kelvin* (K). Two convenient reference temperatures that are used to calibrate a thermometer are the freezing and boiling temperatures of water. Figure 1.11 shows the relationship between the scales and these reference temperatures.

Although Fahrenheit temperature is most familiar to us, Celsius and Kelvin temperatures are used exclusively in scientific measurements. It is often necessary to convert a temperature reading from one scale to another. To convert from Fahrenheit to Celsius, we use the following formula:

$$T_{^{\circ}\mathrm{C}} = \frac{T_{^{\circ}\mathrm{F}} - 32}{1.8}$$

#### LEARNING GOAL

12 Know the three common temperature scales, and convert values from one scale to another.



**Figure 1.11** The freezing point and boiling point of water, body temperature, and room temperature expressed in the three common units of temperature.

To convert from Celsius to Fahrenheit, we solve this formula for °F, resulting in

$$T_{\rm \circ F} = (1.8 \times T_{\rm \circ C}) + 32$$

The Kelvin symbol does not have a degree sign. The degree sign implies a value that is relative to some standard. Kelvin is an absolute scale

To convert from Celsius to Kelvin, we use the formula

$$T_{\rm K} = T_{\rm ^{\circ}C} + 273.15$$

#### **EXAMPLE 1.12**

## Converting from Fahrenheit to Celsius and Kelvin

#### LEARNING GOAL

Normal body temperature is 98.6°F. Calculate the corresponding temperature in both degrees Celsius and Kelvin units and report the answer to the appropriate number of significant figures.

12 Know the three common temperature scales, and convert values from one scale to another.

#### Solution

Using the expression relating °C and °F,

$$T_{\text{°C}} = \frac{T_{\text{°F}} - 32}{1.8}$$

Substituting the information provided,

$$=\frac{98.6-32}{1.8}=\frac{66.6}{1.8}$$

results in:

$$= 37.0^{\circ}C$$

To calculate the corresponding temperature in Kelvin units, use the expression relating K and °C.

$$T_{\rm K} = T_{\rm C} + 273.15$$

Substituting the value obtained in the first part,

$$= 37.0 + 273.15$$

results in:

$$= 310.2 \text{ K}$$

According to Figure 1.11, these three temperatures are at the same place on each thermometer. Therefore, 98.6°F, 37.0°C, and 310.2 K are equivalent.

#### Practice Problem 1.12

- a. The freezing temperature of water is 32°F. Calculate the freezing temperature of water in Celsius units and Kelvin units.
- b. When a patient is ill, his or her temperature may increase to 104°F. Calculate the temperature of this patient in Celsius units and Kelvin units.
- ▶ For Further Practice: **Questions 1.115 and 1.116.**

## Energy

Energy, the ability to do work, may be categorized as either **kinetic energy**, the energy of motion, or **potential energy**, the energy of position. Kinetic energy may be considered as energy in action; potential energy is stored energy. All energy is either kinetic or potential.

Another useful way of classifying energy is by form. The principal forms of energy include light, heat, electrical, mechanical, nuclear, and chemical energy. All of these forms of energy share the following set of characteristics:

- Energy cannot be created or destroyed.
- Energy may be converted from one form to another.
- Conversion of energy from one form to another always occurs with less than 100% efficiency. Energy is not lost (remember, energy cannot be destroyed) but, rather, is not useful. We use gasoline to move our cars from place to place; however, much of the energy stored in the gasoline is released as heat.
- All chemical reactions involve either a "gain" or a "loss" of energy.

Energy absorbed or liberated in chemical reactions is usually in the form of heat energy. Heat energy may be represented in units of *calories* (cal) or *joules* (J), their relationship being

$$1 \text{ cal} = 4.18 \text{ J}$$

One calorie is defined as the amount of heat energy required to increase the temperature of 1 g of water 1°C.

Heat energy measurement is a quantitative measure of heat content. It is an extensive property, dependent upon the quantity of material. Temperature, as we have mentioned, is an intensive property, independent of quantity.

Not all substances have the same capacity for holding heat; 1 g of iron and 1 g of water, even if they are at the same temperature, do *not* contain the same amount of heat energy. One gram of iron will absorb and store 0.108 cal of heat energy when the temperature is raised  $1^{\circ}$ C. In contrast, 1 g of water will absorb almost ten times as much energy, 1.00 cal, when the temperature is increased an equivalent amount.

Units for other forms of energy will be introduced in later chapters.

Question 1.19 Convert 595 cal to units of J.

**Question 1.20** Convert  $2.00 \times 10^2$  J to units of cal.

#### Concentration

**Concentration** is a measure of the number or mass of particles of a substance that are contained in a specified volume. Examples include:

- The concentration of oxygen in the air
- Pollen counts, given during the hay fever seasons, which are simply the number of grains of pollen contained in a measured volume of air
- The amount of an illegal drug in a certain volume of blood, indicating the extent of drug abuse
- The proper dose of an antibiotic, based on a patient's weight

We will describe many situations in which concentration is used to predict useful information about chemical reactions (Chapters 6–8, for example). In Chapter 6, we calculate a numerical value for concentration from experimental data.

Water in the environment (lakes, oceans, and streams) has a powerful effect on the climate because of its ability to store large quantities of energy. In summer, water stores heat energy and moderates temperatures of the surrounding area. In winter, some of this stored energy is released to the air as the water temperature falls; this prevents the surroundings from experiencing extreme changes in temperature.

The *kilocalorie* (kcal) is the familiar nutritional calorie. It is also known as the large Calorie (C); note that in this term the C is uppercase to distinguish it from the normal calorie. The large Calorie is 1000 normal calories. Refer to A Human Perspective: Food Calories (p. 30) for more information.

# A Human Perspective



### **Food Calories**

The body gets its energy through the processes known collectively as metabolism, which will be discussed in detail in Chapters 21–23. The primary energy sources for the body are carbohydrates, fats, and proteins, which we obtain from the foods we eat. The amount of energy available from a given foodstuff is related to the Calories (C) available in the food. Calories are a measure of energy that can be derived from food. One (food) Calorie (symbolized by C) equals 1000 (metric) calories (symbolized by cal):

$$1 C = 1000 \text{ cal} = 1 \text{ kcal}$$

The energy available in food can be measured by completely burning the food; in other words, using the food as fuel. The energy given off in the form of heat is directly related to the amount of chemical energy, the energy stored in chemical bonds, that is available in the food. Food provides energy to the body through various metabolic pathways.

The classes of food molecules are not equally energy-rich. When oxidized via metabolic pathways, carbohydrates and proteins provide the cell with 4  $\rm C/g$ , whereas fats generate approximately 9  $\rm C/g$ .

In addition, as with all processes, not all the available energy can be efficiently extracted from the food; a certain percentage is always released to the surroundings as heat. The average person requires between 2000 and 3000 C/day to maintain normal body functions such as the regulation of body temperature and muscle movement. If a person takes in more C than the body uses, the person will gain weight. Conversely, if a person uses more C than are ingested, the individual will lose weight.

Excess C are stored in the form of fat, the form that provides the greatest amount of energy per g. Too many C leads to too much fat. Similarly, a lack of C (in the form of food) forces the body to raid its storehouse, the fat. Weight is lost in this process as the fat is consumed. Unfortunately, it always seems easier to add fat to the storehouse than to remove it.

The "rule of thumb" is that 3500 C are equivalent to approximately 1 lb of body fat. You have to take in 3500 C more than you use to gain 1 lb, and you have to expend 3500 C more than you normally use to lose 1 lb. If you eat as few as 100 C/day beyond your body's needs, you could gain about 10–11 lb per year (yr):



$$\frac{100 \cancel{C}}{\cancel{\text{day}}} \times \frac{365 \cancel{\text{day}}}{1 \cancel{\text{yr}}} \times \frac{1 \cancel{\text{lb}}}{3500 \cancel{\text{C}}} = \frac{10.4 \cancel{\text{lb}}}{\cancel{\text{yr}}}$$

A frequently recommended procedure for increasing the rate of weight loss involves a combination of dieting (taking in fewer C) and exercise. Running, swimming, jogging, and cycling are particularly efficient forms of exercise. Running burns 0.11 C/min for every lb of body weight, and swimming burns approximately 0.05 C/min for every lb of body weight.

#### For Further Understanding

- ► Sarah runs 1 h each day, and Nancy swims 2 h each day. Assuming that Sarah and Nancy are the same weight, which girl burns more calories in 1 week?
- Would you expect a runner to burn more calories in summer or winter? Why?

#### LEARNING GOAL

13 Use density, mass, and volume in problem solving, and calculate the specific gravity of a substance from its density.

## **Density and Specific Gravity**

Both mass and volume are functions of the *amount* of material present (extensive properties). **Density**, the ratio of mass to volume,

Density (d) = 
$$\frac{\text{mass}}{\text{volume}} = \frac{m}{V}$$