



ROBERT L. CROOKS  
KARLA BAUR

OUR SEXUALITY  
*Thirteenth Edition*



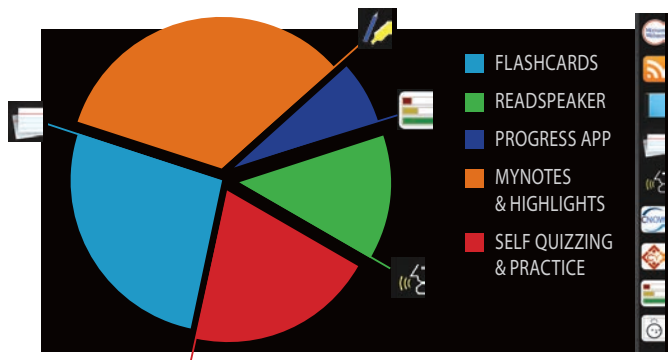
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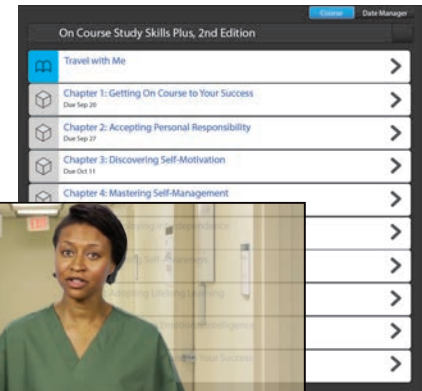
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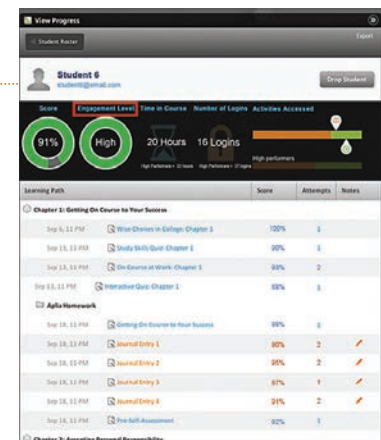
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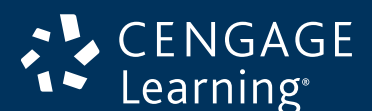
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Thirteenth Edition

# Our Sexuality

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Robert Crooks  
Karla Baur



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Product Manager: Melissa Gena

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Content Project Manager: Michelle Clark

Art Director: Vernon Boes

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For our loving spouses, Sami tucker, and Jim Hicks, and the staff of IT HELPS Kenya. IT HELPS is a tax exempt public charity that has previously conducted an HIV/AIDS intervention program in the southeastern interior of Kenya and is now implementing a new project in the Ukunda south coast region of Kenya.



Courtesy of Bob Crooks

IT HELPS peer educators conducting HIV/AIDS prevention workshops for groups comprised of either students or members of the adult community.



# About the Authors

The integration of psychological, social, and biological components of human sexuality in this text is facilitated by the blending of the authors' academic and professional backgrounds.

**Robert Crooks** has a Ph.D. in psychology. His graduate training stressed clinical and physiological psychology. In addition, he has considerable background in sociology, which served as his minor throughout his graduate training. His involvement with teaching human sexuality classes at the university, college, and medical school levels spans over two decades. Recently Bob and his wife, Sami Tucker, have been involved in the establishment and implementation of another HIV/AIDS intervention program in coastal Kenya. Over the previous 10 years, their work with this project includes designing a research strategy for assessing behavior change, developing a peer educator-based educational strategy, and conducting training sessions for Kenyan peer educator staff. In the fall of 2009, Bob and Sami initiated another HIV/AIDS intervention program in Tanzania. Over the previous seven years they have traveled extensively in Africa and have devoted many months to their evolving HIV/AIDS prevention projects.

**Karla Baur** has a master's degree in social work; her advanced academic work stressed clinical training. She has had an extensive career as a licensed clinical social worker in private practice, specializing in couples and sex therapy. Karla has provided clinical supervision, seminars and lectures for other mental health professionals and professional groups. She has taught human sexuality and female sexuality classes at Portland Community College, Portland State University and Clark College. At Oregon Health Sciences University she taught a human sexuality course and coached medical students in taking sexual histories with patients. Karla was also involved in a 6 week program in Kenya to train HIV/AIDS Prevention Peer Educators. She has been certified as a sex educator, therapist, and sex therapy supervisor by the American Association of Sex Educators, Counselors, and Therapists. She is currently developing a play about the nuances and complexities of male sexuality with her collaborator, composer/writer Fred Strong.

The authors have a combined total of over 70 years of teaching, counseling, and research in the field of sexology. They team-taught college sexuality courses for a number of years. They have presented workshops and guest lectures to a wide variety of professional and community groups, and they have counseled individuals, couples, and families on sexual concerns. Their combined teaching, clinical, and research experiences, together with their graduate training, have provided them with an appreciation and sensitive understanding of the highly complex and personal nature of human sexuality.

It is the authors' belief that a truly sensitive understanding of our sexuality must be grounded in both the female and the male perspectives and experiences. In this sense, their courses, their students, and this text have benefited from a well-balanced perception and a deep appreciation of human sexual behavior.





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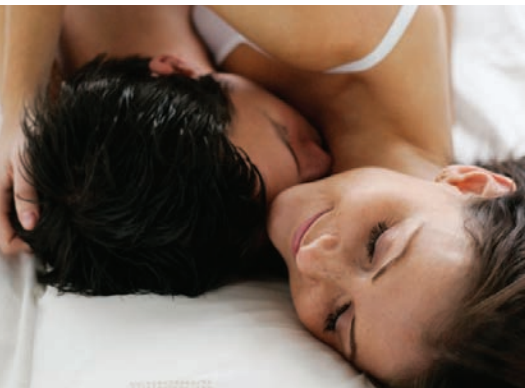


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